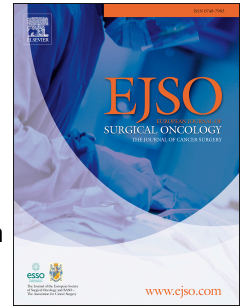


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Screening for colorectal cancer after pancreatoduodenectomy for ampullary cancer

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1 **Screening for colorectal cancer after pancreatoduodenectomy for ampullary**
2 **cancer**

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22

23 **Abstract**

24 **Background:** In some Dutch pancreatic surgery centers, patients who underwent
25 pancreatoduodenectomy (PD) for ampullary cancer undergo surveillance for colorectal cancer (CRC),
26 since an association is suggested in contemporary literature. This study aimed to examine the CRC
27 incidence after PD for ampullary cancer in four pancreatic surgery centers and a Dutch nationwide
28 cohort.

29 **Methods:** All patients who underwent resection of ampullary cancer from 2005 through 2017 at four
30 centers were included. All colonoscopies and CRC diagnoses in these patients were recorded. In addition
31 all PDs for ampullary cancer in the Dutch Pathology Registry (2000-2017) were recorded along with the
32 CRC diagnoses and compared with an age, sex, and year-matched cohort.

33 **Results:** Out of 287 included patients by the four centers, 11% underwent a colonoscopy within one year
34 after PD. Eight (2.7%) were diagnosed with CRC before PD and two (0.7%), at 14 and 72 months after PD.
35 In the nationwide cohort comparison, the CRC incidence was similar before (2.6% versus 1.9%, $P = 0.424$)
36 and after surgery (2.1% versus 3.1%, $P = 0.237$). Within one year after PD, the incidence was 0.3%
37 compared to 0.6% in the matched controls ($P = 0.726$)

38 **Conclusions:** The current study could not find an increased risk of CRC in patients with resected
39 ampullary cancer. Therefore, there is insufficient justification to screen for CRC in patients with resected
40 ampullary cancer.

41

42 Introduction

43 Ampullary cancer is a rare malignancy that accounts for approximately 0.2% of all gastrointestinal
44 cancers.[1] Due to its origin distal to the bile and pancreatic duct confluence at the duodenal outflow,
45 the onset of symptoms (e.g. biliary obstruction) is early compared to most other periampullary and
46 pancreatic tumors. As a consequence, resection rates of ampullary cancers reach up to 92%[2] and the
47 reported 5-year survival rates range from 38 to 67%.[3-5]

48 Several reports have suggested an increased incidence of colorectal polyps and malignancies in
49 patients with ampullary cancer. Ampullary cancer in some patients is associated with hereditary
50 colorectal cancer (CRC) syndromes, such as hereditary non-polyposis colorectal cancer (HNPCC) [6] and
51 familial adenomatous polyposis (FAP).[7-9] However, in ampullary cancer patients without these
52 syndromes, the CRC incidence is also reported to be higher than in age-adjusted control groups.[10, 11]

53 This association has led to colorectal surveillance in patients who underwent
54 pancreatoduodenectomy (PD) for ampullary cancer in some pancreatic cancer centers in the
55 Netherlands. The yield of routine colonoscopy within one year after surgery is subject of debate.

56 This study aimed to investigate the incidence of CRC at baseline and during follow up after PD for
57 ampullary cancer in four pancreatic surgery centers. Subsequently, the incidence of CRC was investigated
58 in the Dutch nationwide pathology database.

59

60

61 **Methods**

62 All consecutive patients who underwent PD from January 2005 through December 2017 at four Dutch
63 pancreatic surgery centers with a diagnosis of ampullary cancer were included. All patients were selected
64 from prospectively maintained databases at the individual centers based on the postoperative final
65 pathology reports. Patients with benign or premalignant (i.e. dysplasia without invasion) disease of the
66 ampulla and patients diagnosed with either FAP or HNPCC were excluded. All additional data was
67 retrieved from the electronic medical records. The need of ethical approval and the need for individual
68 informed consent was waived by the institutional medical ethics committee.

69

70 *Primary outcome*

71 All colonoscopy procedures in the patient cohort both before and after PD were reviewed and scored.
72 The procedural data and number of found and biopsied colorectal polyps were scored, and the outcomes
73 at pathology were recorded. In addition, both previous diagnoses of CRC in the patient cohort before
74 surgery were scored, as were all diagnoses of CRC during follow up after PD.

75

76 *Variables*

77 All postoperative complications within 30 days after surgery were scored and graded according the
78 classification proposed by Dindo et al., with major complications defined as grade III or higher.[12] The
79 incidence of postoperative pancreatic fistula,[13] biliary leakage, was scored and graded according to the
80 respective ISGPS definitions. Readmissions within 30 days after surgery and 90-mortality were scored as
81 other outcome parameters.

82 Survival was defined as the time between the PD and date of death or last follow up.
83 Recurrence-free survival was defined as time from PD to the diagnoses of recurrence, usually on imaging
84 studies. In order to identify subgroups of patients with inferior prognosis in which the relevance of CRC
85 screening would be less relevant, prognostic variables such as TNM stage (7th edition), differentiation
86 grade, and resection margin were recorded.

87

88 *Dutch Pathology Registry*

89 Due to the centralization of pancreatic surgery in the Netherlands, patients are usually referred for
90 surgery to a pancreatic surgery center. Follow-up can be conducted either at the pancreatic surgery
91 center or at the referral center. Colonoscopies performed outside the pancreatic surgery center might
92 have been missed. Therefore, all patients who underwent PD between 2000 and 2017 with ampullary
93 cancer as pathology diagnosis were extracted from the nationwide network and registry of histo- and
94 cytopathology in the Netherlands (PALGA).[14] All diagnoses of colorectal polyps and malignancies were
95 linked to these patients. Using this strategy all patients nationwide were identified along with all their
96 colorectal pathology diagnosis conducted in any hospital nationwide.

97 A matched control group was selected from patient who underwent diagnostic excision of a
98 mole. These control patients were matched based on a similar 5-year age category at time of the
99 procedure, sex, and the year of the procedure (i.e., diagnostic excision of a mole or
100 pancreaticoduodenectomy). All colorectal diagnoses before and after the mole excision were identified
101 and scored.

102 *Statistical analysis*

103 Continuous data were presented as median with inter-quartile-range (IQR), except for survival durations
104 which were presented as median with 95% confidence intervals (95%CI). Categorical data were
105 presented as number (percentages) and differences were tested using chi-square or Fisher's exact tests.
106 Survival curves were generated according to the Kaplan Meier method and curves were compared using
107 log-rank tests. Length of follow-up was estimated using the reverse Kaplan Meier method. All statistical
108 analyses were performed using SPSS (Version 23.0, IBM, Chicago, IL) and figures were generated with
109 Graphpad Prism (Graphpad inc, La Jolla, CA).

110

111 Results

112 *Four center cohort*

113 In the study period, 289 patients underwent PD for ampullary cancer. Two patients diagnosed with a
114 hereditary polyposis syndrome were excluded and the remaining 287 patients were included in the
115 analyses. Baseline characteristics are provided in Table 1 and postoperative outcomes in Table 2. Median
116 (95% CI) follow up was 83 months (64-104), with a median (95% CI) overall survival of 35 (25-45) months
117 and 5-year survival was 40%.

118 Eight patients (2.7%) were diagnosed with CRC before PD, seven had colon cancer and the
119 remaining two had rectal cancer. All underwent curative resection with a median (range) of 39 (22-70)
120 months before PD and a single patient underwent additional curative resection of colorectal liver
121 metastases 74 months before ampullary cancer resection.

122 Thirty-three patients (11%) underwent a colonoscopy within one year after PD all with
123 surveillance as indication. The proportion of patients who underwent a colonoscopy within one year
124 ranged from 3% to 15% across the four included centers ($P = 0.064$). In nine of these procedures, no
125 polyps were found and 22 procedures resulted in the resection or biopsy of hyperplastic polyps or polyps
126 with low grade dysplasia. No CRC was diagnosed within one year of PD. During subsequent follow-up of
127 these 33 patients none were diagnosed with CRC.

128 During further follow-up an additional 14 patients underwent a colonoscopy. Two of these
129 (0.7%) patients were diagnosed with CRC (Figure 1). The first patient was diagnosed with rectal cancer 14
130 months after PD and underwent curative resection of a T1N0 tumor, the other patient had a right-sided
131 colonic tumor 72 months after PD and was diagnosed with metastatic lesions from the ampullary cancer
132 during staging.

133 Considering a median (95% CI) follow-up of 83 (64-104) months after PD in the 287 patients, the
134 person years follow-up was 1044 years. Consequently, there was 1 CRC event per 522 person years of
135 follow-up.

136 *Dutch Pathology Registry cohort*

137 From the Dutch Pathology Registry, 901 patients were indentified who underwent PD for ampullary
138 cancer between 2000 and 2017, which includes the four-center cohort of 287 patients mentioned above.
139 Twenty-three (2.6%) out of the 901 patients were diagnosed with CRC before PD, all of whom underwent
140 curative resection. One of these patients was treated for a primary colon cancer twice before PD. Sixty-
141 six patients (7%) underwent a colonoscopy with a biopsy for pathology analysis within one year after PD.
142 In three of these patients, CRC was diagnosed. For one of these patients, this was a second primary colon
143 cancer. During subsequent follow-up, an additional 66 (7%) patients underwent colonoscopy with a
144 biopsy. In sixteen of these patients, CRC was diagnosed and one patient had a colonic lesion that turned
145 out to be a ampullary cancer metastasis. This translates into a postoperative CRC incidence of 2.1%
146 (19/901). The diagnosis of adenocarcinoma was made at a median follow-up of 3 (2-6) years after PD.

147
148
149 The results from the ampullary cancer patients were compared to 901 control patients who underwent
150 diagnostic excision of a mole, matched for age, sex, and the year of surgery (Table 3). In the matched
151 cohort, 17 (1.9%) patients were diagnosed with CRC before the diagnostic excision(P = 0.424). Five
152 patients were diagnosed with CRC within one year after surgery (P = 0.726). In the matched cohort, the
153 postoperative CRC incidence was 3.1% (28/901) diagnosed at a median follow-up of 4 (2-8) years after

154 mole excision ($P = 0.237$). Overall, 39 (4.7%) ampullary cancer patients were diagnosed with CRC either
155 before or after surgery compared to 45 (5.0%) in the control group ($P = 0.826$).

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157 **Discussion**

158 This study reports on 287 patients who underwent PD for ampullary cancer. Thirty-three (11%) patients
159 underwent a colonoscopy either the year of or year after ampullary cancer surgery and none of these
160 procedures CRC was diagnosed. Two (1%) patients were diagnosed with CRC, 14 and 72 months after PD.
161 At a national level, 901 patients underwent PD for ampullary cancer over an 18 year period. The
162 incidence of CRC after PD was similar (2.1%) to a matched control group (3.1%, $P = 0.237$). Within one
163 year after surgery, the CRC incidence was 0.3% and 0.6% ($P = 0.0726$), respectively.

164 Patients diagnosed with familial adenomatous polyposis syndrome have an increased lifetime
165 risk of 3-4% for duodenal cancer including ampullary cancer.[15] Duodenal malignancies are the main
166 cause of cancer-related death in these patients, which is why these patients undergo routine surveillance
167 for duodenal tumors[8, 16]. Hereditary non polyposis CRC is also associated with an increased risk of
168 ampullary cancer.[6] To what extent sporadic ampullary cancer is associated with colorectal polyps and
169 malignancies is less well defined.

170 Several case reports and case series have reported on the incidence of ampullary cancer in
171 association with other tumors, particularly CRC.[17-20] More recent studies showed similarities in
172 pathogenesis between ampullary and CRC, including similar genetic alterations. [20, 21] A report
173 including 7 cases of ampullary cancer and 19 ampullary adenomas found colorectal polyps in 23% of
174 patients compared to 26% in an age-matched control group.[10] However, there were two cases of CRC
175 in the ampullary group and none in the control group, therefore the authors suggested colorectal
176 screening in the work-up for ampullary neoplasms. A larger report identified 2043 patients with
177 pathology confirmed ampullary cancer, of which 30 (1.4%) developed CRC during follow up as opposed
178 to 14 expected cases based on age-related incidence, resulting in a two-fold higher incidence.[11]

179 Although these studies report on an increased incidence of CRC in ampullary cancer patients, the
180 clinical relevance of the diagnoses and colorectal screening is unknown. The present study found 19
181 cases of CRC after resection of ampullary cancer in 901 patients, which translates into a 2.1% incidence,
182 which was slightly higher compared to the 1.4% in the study by Das et al. In the four-center cohort, the
183 CRC incidence after PD was one per 522 person follow-up years, compared to 189 after PD and 405 in
184 the control group in the Das et al report, which included both resected and unresected ampullary cancer
185 patients, compared to resected patients in the present study. Since the prognosis of unresected
186 ampullary cancer is dismal with no long-term survival,[22] the follow-up of the present cohort is likely
187 longer and since patients have to be alive to be diagnosed with CRC this has likely influenced the
188 differences.

189 The CRC incidence in the age-matched control group was 3.1%, which was slightly higher but
190 non-significant compared to the ampullary cancer group. This could be to the likely inferior prognosis of
191 the ampullary cancer patients compared to the control who underwent diagnostic excision of a mole.
192 Due to the set-up of the PALGA registry that includes only pathology diagnoses, no median follow-up
193 duration was available. Nevertheless, the 2.1% in the intervention group compared to the 3.1% incidence
194 in the control group does not support a clinically relevant increased risk of CRC after PD for ampullary
195 cancer, especially since the overall incidence of CRC before or after the reference procedure was similar
196 both cohorts.

197 Only three patients out of 901 were diagnosed with CRC within one year after PD. This suggests a
198 standard screening of CRC in these patients does not outweigh the associated adverse effects of
199 colonoscopy such as bleeding and perforation and the associated costs.[23, 24] Especially since the
200 incidence in the control group was 5 diagnoses out of the 901 patients who underwent diagnostic
201 excision of a mole, in which no physician would consider screening for colorectal polyps.

202 Median overall survival was 36 (27-46) months after resection and 5-year overall survival was
203 40%. Survival is strongly influenced by positive lymph nodes, resection margin, tumor grade, as well as
204 lymphovascular, and perineural invasion.[25, 26] In the presence of any of these factors, survival is poor.
205 Conversely, in patients with a radical resection of a well differentiated tumor with negative lymph nodes
206 might have long term survival. Considering the survival rates in the presence of one of more of these
207 prognostic factors, all efforts to screen for colorectal polyps will likely not impact the outcomes for these
208 patients.

209 This report has several limitations. The main limitation is the retrospective study design which,
210 considering the low amount of patients that underwent colonoscopy, is subject to verification bias..
211 However, the nationwide pathology data is of high quality due to the all-inclusive nationwide data which
212 included diagnoses of colorectal polyps of these patients in any hospital and revealed similar results.
213 Finally, since a colonoscopy and/or biopsy had to be performed in order to include the colorectal
214 diagnoses in the report, it cannot be excluded that some patients with (asymptomatic) CRC were missed.
215 Furthermore, some patients might have been part of the colorectal cancer screening program using stool
216 sampling implemented in the Netherlands for all inhabitants ages 55 to 75 starting January 2014.

217 In conclusion, 2.1% of patients who undergo PD for ampullary cancer are diagnosed with CRC
218 during follow-up. Since only 3 patients were diagnosed within one year of surgery, compared to 5
219 patients after diagnostic mole excision, standard perioperative screening of CRC in these patients is likely
220 irrelevant. Especially in patients with advanced tumor stage or tumor-related characteristics associated
221 with poor prognosis, the relevance of (asymptomatic) CRC is questionable due to the limited prognosis.
222 The current study could not find an increased risk of colorectal malignancies in patients with resected
223 ampullary cancer. Therefore, there is insufficient justification to screen for colorectal polyps and
224 malignancies in patients with resected ampullary cancer.

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226 **Additional information**

227 The need for ethical approval and individual informed consent was waived by the Medical Ethics
228 committee of Southwest Holland. The Study was performed in accordance with the Declaration of
229 Helsinki. The data for this study is available upon request. None of the authors report any conflicts of
230 interest and no funding was received for the current study.

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285 **Table 1:** Baseline characteristics.

	N = 287
Age, years, median (IQR)	68 (60-74)
Male gender, n (%)	166 (58)
Center	
EMC	145 (51)
LUMC	65 (23)
RDGG	39 (14)
MZH	38 (13)
ASA score, n (%)	
III-IV	42 (15)
Pylorus preserving PD, n (%)	203 (71)
Minimally invasive approach, n (%)	
Laparoscopic	2 (1)
Robotic	3 (1)

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293 **Table 2:** Postoperative outcomes

	N = 287
Highest complication grade, n (%)	
<i>0-II</i>	184 (64)
<i>IIIA</i>	44 (15)
<i>IIIB</i>	7 (2)
<i>IVA</i>	33 (11)
<i>IVB</i>	3 (1)
<i>V (30-day mortality)</i>	16 (6)
Postoperative pancreatic fistula, n (%)	
<i>Grade B/C</i>	62 (22)
Biliary leakage, n (%)	
<i>Grade B/C</i>	19 (7)
Readmission rate, n (%)	29 (10)
90-day mortality, n (%)	18 (6)
T-stage, n (%) (n=282)	
T1	46 (16)
T2	97 (34)
T3	99 (35)
T4	40 (14)
Node positive disease, n (%) (n=286)	140 (49)
Tumor size, mm, median (IQR) (n=282)	20 (15-30)
Differentiation, n (%) (n=265)	
Well	68 (26)
Moderate	130 (49)
Poor	67 (25)
R0 resection rate, n (%)	257 (90)

294

295 **Table 3:** Comparison of the CRC after PD for ampullary cancer and the matched control group from

296 PALGA : Dutch Pathology Registry

	Ampullary cancer	Matched controls	P-value
--	-------------------------	-------------------------	----------------

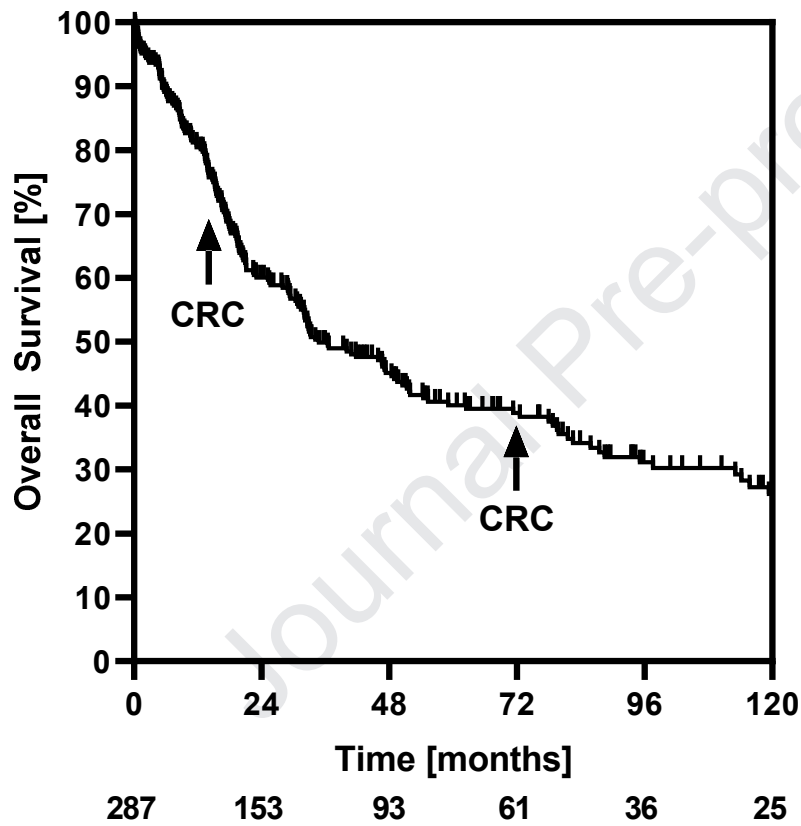
	patients		
CRC diagnosis, n (%)			
<i>Before surgery</i>	23 (2.6)	17 (1.9)	0.424
<i>Within one year of surgery</i>	3 (0.3)	5 (0.6)	0.726
<i>After surgery</i>	19 (2.1)	28 (3.1)	0.237
<i>Total</i>	42 (4.7%)	45 (5.0)	0.826

297

298

299 Figure Legends

300 **Figure 1:** Overall survival in the 287 patients who underwent pancreatoduodenectomy for ampullary
301 cancer. The two diagnoses of colorectal cancer during follow up are indicated by the arrows. Below the
302 graph are the number of patients at risk.



303

Screening for colorectal cancer after pancreatoduodenectomy for ampullary cancer

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