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A systems-biology view of viruses explains why they are not alive

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Abstract

Whether or not viruses are alive remains unsettled. Discoveries of giant viruses 2 with translational genes and large genomes have kept the debate active. Here, a fresh approach is introduced, based on the organisational definition of life from within systems biology. It views living as a circular process of self-organisation and self-construction which is 'closed to efficient causation'. How information combines with force to fabricate and organise environmentally obtained materials, given an energy source, is here explained as a physical embodiment of informational con-8 straint. Comparing a general virus replication cycle with Rosen's (M, R)-system g shows it to be linear, rather than closed. Some viruses contribute considerable or-10 ganisational information, but so far none is known to supply all required, nor the 11 material nor energy necessary to complete their replication cycle. As a result, no 12 known virus replication cycle is closed to efficient causation: unlike cellular obligate 13 parasites, viruses do not match the causal structure of an (M, R)-system. Analysis 14 based in identifying a Markov blanket in causal structure proved inconclusive, but 15 using Integrated Information Theory on a Boolean representation, it was possible 16 to show that the causal structure of a virocell is not different from that of the host 17 cell. 18

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 autopoiesis

21 **1** Introduction

The first half of 2020 has seen one particular virus (SARS-Cov2) dominate world news, 22 so much that viruses appear to be at the forefront of public interest in biological research 23 and in this context an old debate has reemerged: "Are viruses alive?". According to 24 an informal survey (Racaniello, 2014), expert opinion remains divided roughly a third 25 each between yes, no and don't know. This is not surprising given that the debate 26 seems still to be resolved. Eleven years ago, an emphatic statement was made against 27 including viruses among the living (Moreira and Lopez-Garcia, 2009), quickly countered 28 by (sometimes indignant) responses of matching boldness (Claverie and Ogata (2009); 29 Hegde et al. (2009)) and more nuanced responses (e.g. Forterre (2010b)). The discovery 30 of giant viruses (Raoult and Forterre, 2008; Abergel et al., 2015; Claverie and Abergel, 31 2018), especially the Pandoraviruses, having genome sizes reaching that of parasitic 32 eukaryotes (Nadège et al., 2013) and Tupanviruses with their batteries of translational 33 genes (Abrahão and et al., 2018; Rodrigues et al., 2020) has further stirred the debate 34 (e.g. Claverie and Abergel (2010); Abergel et al. (2015); Brandes and Linial (2019)). It 35 also attracted philosophers of science who having analysed the debate, concluded that 36 it is misguided (van Regenmortel, 2016; Koonin and Starokadomskyy, 2016). Whether 37 or not viruses belong within the category of living has again become highly topical and 38 contentious. 39

The answer, of course, has as much to do with how we define life as it does with the nature of viruses and that is the main criticism the philosophers had of the debate in virology. For van Regenmortel (2016), the idea of viruses as a form of life is no more than a misconception (at best a vivid metaphor) brought about by the liberal

⁴⁴ use of anthropomorphic expressions in virology. He quotes the well known virology ⁴⁵ textbook (Flint et al., 2009), in which (for emphasis) the authors state that "viruses do ⁴⁶ not actually *do* anything": even the orthodox view acknowledges that they are passive ⁴⁷ genetic parasites (citing Lwoff (1957) for this). With such confident statements, that ⁴⁸ might have been the end of it, but it was not.

For a start, many virologists now consider the whole replication cycle of the virus, 49 insisting that the virus should not be confused with the virion and that to do so is 50 equivalent to exclusively focussing on the spore stage of bacteria, or (more obliquely) 51 on pollen. It does not help to say, as some do, that viruses are on the boundary of 52 life, first because that does not answer the question and second because it pre-supposes 53 a boundary between life and non-life, where none has yet been agreed. The "what 54 is life?" debate is arguably even more contentious than the question of viruses and 55 certainly older, so there is a danger of jumping out of the virology 'frying pan' into the 56 metaphysical 'fire' by addressing that head-on. It may be, however, that the question 57 of viruses has not found consensus precisely because the most fundamental and general 58 understanding of life has not yet been given due prominence in the discussion (e.g. the 59 survey of the topic by Herrero-Uribe (2011) has received little attention to-date). This 60 understanding is that life is the process of enacting closure to efficient causation (Rosen, 61 1991), meaning that a living system is the cause of itself. This is an idea initially 62 conceptualised by Immanuel Kant (Ginsborg, 2006; Gambarotto and Illetterati, 2014), 63 given rigorous definition by Robert Rosen, (1991) and practical interpretation as 'every 64 catalyst necessary for life is produced by the living system itself' (paraphrasing Cárdenas 65 et al. (2010), referring to (Kauffman, 1986)), placing it at the heart of systems biology 66 (Westerhoff and Hofmeyr, 2005) as a particular approach within it: the organisational 67 approach (Bich and Damiano, 2012; Moreno and Mossio, 2015). 68

This paper will proceed by first adding a physicalist analysis of cause to this, essentially cybernetic explanation, showing how it discriminates life from non-life, then by

⁷¹ considering contemporary definitions of the virus to arrive at a test for whether these
⁷² biological entities can be considered living in any known circumstances. The main point
⁷³ is that the study of viruses sheds new light on the nature of life itself.

74 2 What is life?

In posing this question, physicist Erwin Schrödinger (1944) inspired the deep scientific 75 study of what it is that biologists examine, with the realisation that one had to reach 76 beneath biological empiricism to find an answer. Despite that, biology textbooks com-77 monly provide a list of attributes for living organisms: reproduction, metabolism, etc. 78 (e.g. Soloman et al. (2002)) and this is the standard approach in determining what is 79 alive (Van Regenmortel, 2010). It is far from satisfactory, since many things generally 80 agreed to be non-living posses at least some of the attributes (fire, some computer al-81 gorithms etc. (Cleland and Chyba, 2002)) and many organisms, not least viruses, lack 82 some of them. Rosslenbroich (2016) reviewed properties that have been proposed as 83 indicative of life, but it remains the case that we cannot identify a boundary between 84 living and non-living by ticking off the set of attributes, since it is unclear what subset 85 of these is necessary and sufficient. In a well known objection, interspecific hybrid or-86 ganisms such as mules would not qualify as living because they cannot reproduce and 87 also then, do not evolve. This highlights the difference between identifying an individual 88 organism as alive and considering a class of organisms as potential members of the living 89 (Koonin and Starokadomskyy, 2016). An organism may be dead but be a member of 90 a class that has the attributes of life and a thing may have the attributes, but not be 91 alive, e.g. some autocatalytic chemical systems (Segrè et al., 2000; Zepik et al., 2001) 92 and their hypothetical simulations (e.g. Hordijk and Steel, 2004; Hordijk et al., 2012; 93 Markovitch and Lancet, 2014). The objection that some of these cannot evolve by natu-94 ral selection (Vasas et al., 2012) is not decisive because evolvability is an attribute of all 95

ensembles of imperfectly reproducing entities which compete over a limiting resource, 96 so it cannot identify a boundary between a non-living state of matter and a living sys-97 tem (Bruylants et al., 2010), on the contrary, it must span the transition between them 98 (Nghe et al., 2015). Even those with a more synthetic (as opposed to reductionist) frame 99 of mind have set attribute requirements, such as enclosing membranes (Damiano and 100 Luisi, 2010), and ribosomes (based on the three kingdoms of life proposed by Woese et al. 101 (1990)), though the RNA-first hypothesis allows for pre-ribosomal life (Benner, 2010) 102 and Raoult and Forterre (2008) and Forterre (2010a) offer a counter argument which 103 includes viruses along with ribosomal organisms. Cornish-Bowden and Cárdenas (2017) 104 emphasised that the *last* common ancestor, LUCA, was not necessarily, or even likely to 105 be close to the origin of life and to this extent LUCA tells us little about the transition 106 from proto-life to life proper and, as they say there, "It hardly matters whether giant 107 viruses are regarded as alive or not, because it is impossible to believe that life started 108 with a self-organizing system with many proteins": in other words, life cannot be defined 109 by a threshold in molecular richness either. All of the 'list definitions' so far proposed 110 are contestable (Piast, 2019; Bich, 2019) and mostly exclude viruses. 111

112 2.1 Life as organisation: the organisational biology approach

The organisational approach (Bich and Damiano, 2012), a strand within systems biology 113 that is gathered under the heading of "current theories of life" in a substantial recent 114 review of the topic by Cornish-Bowden and Cárdenas (2020), holds more promise as it 115 defines life as a *process* enacted by a physical system: focussing on the difference between 116 the active process of being alive and the passive (e.g. decay) process of being dead. 117 The process of living counters the second law of thermodynamics by maintaining (and, 118 as a by-product of success, reproducing) the integrity of the very system that enacts 119 the process. Rosslenbroich (2016), quoting Hofmeyr (2007)(p. 217) provides a good 120 summary: "for systems biology, the defining difference between a living organism and 121

any nonliving object should be that an organism is a system of material components that 122 are organised in such a way that the system can autonomously and continuously fabricate 123 itself, i.e. it can live longer than the lifetimes of all its individual components. Systems 124 biology, therefore, goes beyond the properties of individual biomolecules, taking seriously 125 their organisation into a living whole." Self-referential systems are highly characteristic 126 of life (Louie and Poli, 2011). In the face of the second law of thermodynamics as 127 well as a variable environment, self-maintenance implies both self-regulation (multiple 128 homeostatic processes) and continuous (or at least frequent) re-construction of all of the 129 systems parts: autopoiesis (Luisi, 2003; Varela et al., 1974; Zeleny, 1981) (these are not 130 the same - see e.g. Bich et al. (2020)). This in turn requires the system to complete at 131 least one thermodynamic work cycle (Kauffman, 2000); i.e. it must export entropy to 132 its environment by degrading energy to counter the second law in order to do work (in 133 the thermodynamic sense). The work obtained from the closed thermodynamic cycle is 134 realised as constrained (chemical) forces that together constitute the anabolic processes 135 of self-maintenance - see discussion of work-constraint cycles in (Moreno and Mossio, 136 2015, Section 1.2.1). By this, the organism assembles its body parts from material 137 found in its environment (anabolism) and breaks down degraded parts (catabolism) 138 to excrete them. These activities do not necessarily have to happen all the time, nor 139 all at the same time, but they all have to happen at least some of the time during 140 which the system can be claimed to be alive. The general concept of the organisational 141 approach is summarised by Rosen's (M,R)-system theory (Rosen, 1985, 1991, 2000), 142 in which processes are abstracted to categories, in the mathematical sense. Rosen's 143 ideas have been developed further by several authors, notably here, Louie who in 2013, 144 Ch.13 applied it to "Relational Virology" and Hoffmeyr, who has provided a concrete 145 description of the cell as a hierarchical causal cycle Hofmeyr (2017): these and related 146 insights will be used further in the present work. 147

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In the organisational approach, process is usually described in cybernetic terms, al-

lowing it either to be a cybernetic model of the organisation of material transformations, 149 or literally an algorithm (e.g. a computer program). Let us set the latter aside since 150 it will next be argued that life can only exist as a material system. The cybernetics of 151 life can in principle be embodied by any appropriate substance (as long as it works), 152 but a computer algorithm (such as part of Conway's Game of Life (Gardner, 1970)) 153 conceived and written by a human operator and running on a manufactured computer 154 does not qualify because it has no natural independent existence: it is no less an artefact 155 of human technology than a lightbulb. 156

¹⁵⁷ 2.2 Information embodiment and processing

All known life is a cybernetic process *embodied* in material: it is an integrated combina-158 tion of relationships among diverse molecular components. (We will see why this must 159 be so when both information and matter are identified as the ingredients of biological 160 function). Embodied information underlies this diversity of molecular species and all the 161 relationships among them. Embodied information is the pattern in space (and time) of 162 ensembles of basic components (typically atoms), consistent with Landauer's (1996) prin-163 ciple that all information is physical - see also Karnani et al. (2009). This is not merely 164 conceptual: using information theory, Jiang and Xu (2010) have calculated the amount 165 of information that is embodied in biological systems such as viruses and bacteria as a 166 whole (taking a topical example, the bat coronavirus Rp3/2004, embodies 5772 bits of 167 effective information in a genome of 59472 bits, coding 13 different proteins). Crucially, 168 though, the information Jiang and Xu (2010) counted was only enough to reconstruct a 169 virus given the amino acid and nucleotide building blocks: no virus contains the infor-170 mation needed to make these, they are given by the host cell. The information embodied 171 by the shape of molecules can be estimated from their structural topology (Rashevsky, 172 1955) and that of the nucleotides in RNA and DNA has been calculated by Sarkar et al. 173 (1978), with other molecules and a more general treatment provided by Bonchev (1979,174

¹⁷⁵ 2003); famously, Morowitz (1955) calculated the total embodied information of a typical ¹⁷⁶ bacterial cell to be 4.6×10^{10} bits.

Embodied information is a familiar idea in relation to 'information polymers', but 177 much more general: the type on printed pages, the magnetic stripes of hard disks, the 178 charge variations in silicon memory chips and the electron cloud shapes of all molecules 179 and other physical entities embody information in the spatial arrangement of their parts 180 (Hazen, 2009; Rashevsky, 1955). Known life is information that is embodied in molec-181 ular shapes, in the act of processing information by pattern matching to synthesise, 182 replicate, detect, disassemble and organise *itself* as a system composed of the material 183 parts which embody the information it processes (Farnsworth et al., 2013). The 'lock 184 and key' mechanism underlying much of biochemistry (not just receptors and ligands) 185 exemplifies embodied pattern matching: steric and charge-distribution complementarity 186 among molecules finds the maximum mutual information among molecules. The infor-187 mation embodying pattern of a physical entity is termed its form in what follows (see 188 also Cademartiri et al. (2012) for discussion of the role of shape in self-assembly). 189

The information embodied as a particular configuration of molecules of a biological 190 system at a particular time can be regarded as its global system state at that time. This 191 is the combination of the form of its genome and the form of the set of all its other 192 molecules combined. The number of possible states was termed the biological entropy 193 by Jose (2020), who specified it as the product of number of possible genomes and 194 the number of configurations of sensory states of the system that could embody time-195 dependent information about itself and its environment (where in this context 'sensor' 196 means a set of molecules whose state depends on the the states of other molecules in 197 the system). Jose (2020) summarised the total information capacity of a hypothetical 198 population of organisms, with a genome encoded by an alphabet of X base-pairs (= 4 199 in known life) and length L, and given S_i different sensors $s_1 \cdots S_i$ for each e_i of a total 200 number B of entities (sets of molecules) to sense, in which the *j*th sensor detects P_i 201

attainable and detectable levels (i.e. values) of e_i . The upper bound of the population information capacity he calculated as:

$$C_{\text{tot}} = X^L \left(\sum_{i}^{B} e_i \sum_{j}^{S_i} s_j \sum_{k}^{P_j} p_k \right).$$
(1)

This information capacity (which counts every possible configuration of organisms 204 with the specified complexity) acts as a dynamic working memory for the system that is 205 considered to be processing information. X^L counts all mathematically possible genome 206 sequences, far more than biologically meaningful, but by specifying a particular genome 207 from among all X^L , the information of the genome is maximised in the Shannon (in-208 formation entropy) sense - as calculated by Jiang and Xu (2010). Epigenetic switching 209 enables state changes within the genome of all cellular organisms (Holliday, 2006), open-210 ing the way for information processing, but for an *individual* whose genome constitutes 211 a static instruction set (i.e. it is not susceptible to changes in the system nor the envi-212 ronment), implementation of the instructions is as an automaton: it is part of a linear 213 causal chain. In this static genome case all dynamic information processing must be 214 found in the interdependence (sensing) of the non-genetic molecular configurations (we 215 could say cytoplasmic system within cells). If that is absent as well, we are left with 216 a static information *statement*, which is the characteristic of non-living entities, con-217 trasting with the dynamic information processing characteristic of life. In other words, 218 purely genomic information (X^L) is only effective at the evolutionary scale (the focus of 219 Jose's 2020 study), or when it is combined with cytoplasmic molecular forms (e.g. when 220 a virus accesses its host cell's molecular machinery). 221

Information pattern matching (e.g. the sensory processing, referred to above) is part of life, only if it is *functional* in the sense that it is a necessary part of a causal relation with the effect of contributing to the process of living as a whole (Farnsworth et al., 2017b). So information processing is only effective if it is causative and only functional if

the cause is a contribution to the organisationally higher level process of life (Walker and 226 Davies, 2013, 2017; Farnsworth et al., 2017a) (note that Mossio et al. (2009) more strictly 227 defined biological function as causal relations subject to closure). One implication is that 228 life is a nested hierarchy of control structures in which obviously lower level interactions 229 exercise casual power over higher. The idea that higher levels can exercise causal power 230 over lower (and the same) levels of organisation is still controversial, but supported by 231 several key authors (Auletta et al., 2008; Ellis, 2012; Jaeger and Calkins, 2012; Noble, 232 2012; Walker, 2014; Walker et al., 2016). It is less puzzling when we consider the physical 233 basis of causation to find that embodied information is an elemental component, along 234 with physical force, of all that appears to be cause, as explained next. 235

236 2.3 The physical meaning of causality: form and function

The philosophy literature includes a large, venerable and diverse cannon on causation. 237 For scientists, interest begins with Aristotle who separated the notion often traslated 238 as 'cause' into four categories: material, efficient, formal, and ultimate (final cause). In 239 his account, causation involves all four because they are the four natures (or aspects) of 240 causation. Most modern philosophers seem to pay little attention to this as by far the 241 majority of their current work concerns efficient cause only, which is usually taken to be 242 the only true cause (many believe the other three were not really causes at all). Efficient 243 cause is the dynamic action of transformation, moving or converting one thing to another 244 and it coincides with a rough 'common sense' idea about causation. Although several 245 prominent philosophers agree with Bertrand Russel, (1912-1913) whose highly influential 246 paper concluded that cause was a figment of the imagination, most practicing scientists 247 still need and use the idea: as Nancy Cartwright argues, science would be "crippled" 248 by abandoning cause (Cartwright, 1979). A rather similar situation has arisen around 249 the question of what is life: many philosophers challenge the fundamental basis for 250 the question, whilst others (closer to the practice of science) have defended it as an 251

²⁵² operational concept (Bich and Green, 2017).

253 2.3.1 Efficient cause, incorporating formal and material cause

Let us here adopt a *physicalist* view, which claims that in the physical (material) world, 254 what we observe as *efficient* causation is always the action of a physical force (usually, 255 but not necessarily on matter). More precisely, the physical mechanism behind cause is a 256 transfer of a conserved quantity (energy, momentum or something more exotic like charge 257 or spin) in a material system according to the transference theory of Salmon (1984) and 258 Dowe (2000) which posits that there must be a spatio-temporally continuous connection 259 between one thing X and another Y involving the transfer of energy, momentum (or 260 other conserved quantity) for X to cause Y (the connection is via a force field). Physical 261 forces all either cause movement or its prevention and all have an orientation (direction) 262 in space. The realised movement (or prevention of it) is the vector sum of all the physical 263 forces acting on a particle at one time. In the absence of constraints the vector sum of 264 forces acting on each member of an assembly of particles is random and accordingly has 265 no (ensemble) effect, other than pressure (Fig. 1 A). 266

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Figure 1: The informational building blocks of final cause. A) random forces are B) constrained by form (in this case a crystalline lattice). C) more information rich form, as in these bio-molecules can result in e.g. ligand-receptor binding as the shapes and electrostatic fields match (mutual information maximising) and a network of these may act as the components of a detection-signalling pathway (D), which has function in the context of e.g. homeostasis for the whole cell, implying a final cause ((C) can be regarded as a magnified view of the messenger molecule attaching to the ion channel's receptor site).

Constraints acting on forces reduce the range of directions in which forces can act among an assembly of particles. Forces can only be constrained by the relative position of the particles from which they emanate; indeed it is these positions that determine the directions in which forces act. As stated earlier, the positioning of the constituent parts of a system is embodied information which here is termed *form*. When particles are positioned in a form that is not random (i.e.the information necessary to describe

it is mathematically compressible), then the form has a coherent spatial structure: its 273 spatial autocorrelation is non-zero and more generally the form has non-zero spatial 274 mutual information (which is what is being termed 'coherence' here) (Fig. 1 B). This is 275 the basis for *effective* information (Szostak, 2003). It is effective because it constrains 276 forces in a way that gives them its coherence: specifically the directions of the forces are 277 correlated by the mutual information of the form. The result is that forces, no longer 278 random and merely producing pressure, act with coherence so that they are available 279 to perform work and hence functions (e.g. the cylinder and piston of a steam engine 280 is a form which constrains the kinetic force of steam molecules to act in a coherent 281 direction producing a functional motion). This coherent action is nothing other than 282 what Aristotle termed efficient cause: the action that brings about a transformation (or 283 resists it). Hence efficient cause can be interpreted as the constraint of physical forces 284 by form: force acting under formative constraint gives efficient cause. An important 285 example of this basic unit of efficient cause in practice is the physical configuration of 286 atoms in biologically relevant molecules that, as form, constrains intermolecular forces 287 to act in coherent ways (coherent because there is non-zero mutual information) with 288 effects such as binding and its consequences such as conformational changes (Fig. 1 C). 289 Traditional material cause, deriving from the composition of substances either acting 290 or being acted upon by efficient cause can be seen in modern terms as a 'micro-formal' 291 cause, since it is formal cause at the atomic scale. When high level (inter-molecular) 292 form connects several material forms together, it can become an effective subsystem of 293 biological metabolism, or perception and/or action, such as the ligand-gated channel 294 system (Fig. 1 D). It is then clear that efficient cause is the product of material cause 295 (micro-form) and information (I), which must be embodied as form in a structure that 296 is not transformed by the process (e.g. a catalyst). More formally put as a mapping, 297

²⁹⁸ Rosen (1989) suggested

$$f: A \times I \to B$$

$$(a, i) \mapsto b = f(a, i)$$
(2)

to explicitly incorporate information into efficient cause, where it plays the role of formal cause, with reference to his relational diagram for an (M,R)-system (Fig. 2 a), in which $A \to B$ is the set of material transformations from A to B. Hofmeyr (2007) recognised that since I is a contribution to efficient cause along with f, it should be associated with f, not A, (so rewrote this as (his Eq. 4):

$$(f,i): A \to B$$

$$a \mapsto b = (f,i)(a).$$
(3)

which recognises information as the formal cause in the generation of efficient cause 304 (note, (f,i) is an element of $f \times I$, the combination denoting *i* informs *f*). This re-305 formulation of mappings was developed much further by Hofmeyr (2018), where formal 306 and efficient cause were resolved from the single entity (informed efficient cause) to sepa-307 rate entities (efficient, formal) cause where the formal is identified as a "choice mapping" 308 which selects the particular f from a set of possible. In biological systems this infor-309 mation is increasingly being identified as a *code* in the sense used by Barbieri (2015): a 310 set of arbitrary rules establishing a mapping between two independent systems, which 311 in biological systems has the effect of "translating an organic sign into its biological 312 meaning" Barbieri (2015) quoted in Hofmeyr (2018). 313

This description was shown in Hofmeyr (2018) to be compatible with Von Neumann's constructor theory of self-reproduction (Von Neumann and Burks, 1966), which represents reproduction as $(P + Q + R) + \phi(X)$ where P is a 'fabricator', $\phi(X)$ is the 'blueprint' (information content) of machine X, Q is a 'blueprint copier', R a controller and for self-reproduction, X will be (P + Q + R). That is, there needs to be a fabricator and information about what to fabricate and both have to be duplicated for self

reproduction. Living systems conform to this arrangement by embodying $I = \phi(X)$ in the form of (P + Q + R). The necessity for information to be embodied and the realisation that efficient cause is the combination of constraint by form on configurations of matter make it certain that living things are necessarily material objects embodying organisational information.



Figure 2: a) Rosen's (M,R)-System drawn as an autocatalytic network (taken from Cárdenas et al. (2010), Fig 1.C., in turn from Goudsmit (2007)). Solid arrows represent material causation (e.g. chemical transformations) and dashed arrows show efficient causation (e.g. catalysis). We can interpret material causation as the configuration of matter *plus* the matter itself and efficient causation as the information embodied in form plus the electrical (chemical) forces that this information constrains to enact the material transformations. An alternative biochemical representation of this was developed by Hofmeyr (2017), summarised in his Fig. 7, which is reproduced below as Fig. 3. b) Another interpretation of the (M,R)-System which emphasises the cyclic character and separate, but connected efficient and material causes (hierarchical cycle) - redrawn from Louie and Poli (2011), is just fig. (a), unravelled. c) This simplified sketch of Hofmeyr's biochemical representation, based on his Fig. 9. in Hofmeyr (2007) shows how closely it matches the (M,R)-System, though different in derivation. Again, solid arrows depict material transformations and dashed represent catalysis. Hofmeyr emphasised that protein folding and self-assembly of supramolecular structures are an essential part of living autopoiesis, often neglected in more abstract representations. Metabolic enzymes are efficient cause for constructing the biochemical building blocks of the cell, including of themselves and ribosomes. Ribosomes, tRNA, mRNA and associated proteins (the translation system) are efficient cause for transforming the building blocks into functional components, including themselves. DNA and transcription have deliberately been left out in this reproduction- they complicate the model without adding anything relevant to the current discussion.

325 2.3.2 Final cause - the taboo we cannot escape

That leaves only final cause, which pre-supposes a 'purpose' and that is necessarily sub-326 jective since purpose can only be in the view of the agent under study: purpose cannot 327 be defined without reference to the agency to which it belongs. The implied subjectivity 328 might be thought enough to rule it out of science, but in the case of organisms (uniquely) 329 it is possible to say "objectivity is achieved through recognising this inherent subjectiv-330 ity" (Bueno-Guerra, 2018), through the application of von Uexkül's Umwelt concept, 331 because organisms at the very least create the appearance of autonomous agency. This 332 appearance is shown to be substantial, not an illusion, when organisms are revealed as 333 systems of 'self-entailment' (Rosen, 1985; Kineman, 2011), meaning that they exist by 334 virtue of closing their loop of efficient causation. 335

In all cases other than for organisms, explaining actions by referring to the 'vew-336 point' of the system is unscientific anthropomorphism, but uniquely in the case of living 337 organisms, explanations are at best incomplete without such reference. Biology requires 338 a richer causal language solely because of the peculiar attribute of organisms appar-339 ently being causal agents (Bich and Damiano, 2012; Friston, 2013; Froese et al., 2007; 340 Kauffman and Clayton, 2006; Varela, 1979; Vernon et al., 2015). This causal agency 341 arises whenever a system embodies autonomous functional information, in particular a 342 homeostatic set-point (Farnsworth, 2018, 2017) (since functional information is causal 343 information where the effect is a contribution to the process performed at the organisa-344 tional level of the system that embodies it (Farnsworth et al., 2017a)). The autonomy 345 of the functional information depends on there being circularity of causation in the con-346 struction of the system in which it is embodied: without the circularity, the functional 347 information would be causally linked to (an effect of) the system's environment. In-348 deed, it is only with circular causation that *internal* can be distinguished from *external* 349 and only with that distinction can information be autonomously embodied by a system 350 (Bertschinger et al., 2008; Bich and Damiano, 2012; Froese et al., 2007; Kirchhoff et al., 351

³⁵² 2018; Vernon et al., 2015).

Agency is only superficially accommodated by the 'machine metaphor' (Marques and 353 Brito, 2014) in which actions are mechanistically determined by complicated sequences of 354 molecular interactions which occur within, and are part of, the organism (e.g. Hawkins, 355 1984; Capra and Laub, 2012). In that sense, agency is a proximal cause, though it rests 356 on underlying physical processes. For those who reject the idea of organism agency 357 (i.e. organisms as the initiating cause), evolution is evoked to explain the successful 358 functioning of the perception-action 'machine': every part of a machine performs a 359 particular role within it and is therefore *functional* with the implication that it must 360 thereby have a purpose. Natural selection has evolved the parts whose functions are 361 no more than the 'appearance of suitability', selected by competitive replication, so 362 the 'ultimate explanation' for action (behaviour) is evolution according to these critics 363 (Fiore et al., 2015). This is a thin argument: as Rosen (1985) pointed out, evolution is 364 a phenomenon of life, not the other way around. Even though organisms are evolved 365 to perform fitness enhancing actions based on their perceptions, we cannot escape the 366 point that it is the organisms performing these actions, not evolution, nor the underlying 367 physics (Farnsworth, 2018). In short, living organisms are unique in having agency and 368 they need causal closure to achieve it Moreno and Mossio (2015); Mossio et al. (2009, 369 2013). 370

371 2.4 Closure and its consequences for life

Metabolic closure (Letelier et al., 2006, 2011) is the closing of a chain of efficient causation that leads to the maintenance of a living system through biochemical processes. Recalling that efficient causation requires both information-based constraint of forces and material (the source of those forces), it therefore means closure of informational constraints (Montévil and Mossio, 2015) and the processing of material (hence the biochemistry). More practically, this means that all the catalysts necessary for the life of

a system (organism) are produced and/or maintained internally by the system (using raw materials from its environment). The catalysts are produced by the action of one another, through the construction of their forms by assembling molecular embodiments of information that has already been embodied within the system (Fig. 3).



Figure 3: A biochemical overview of the life of the cell, reproduced from Fig. 7 in Hofmeyr (2017). Dotted arrows add to the solid (material cause) and dashed (efficient cause) to indicate formal cause by sequence information (functional code). Hofmeyr (2017) emphasises the catalytic role of the intracellular milieu (especially including chaperone molecules) as providing an environment in which peptide folding (tertiary structure) leads to functional forms of proteins, especially enzymes and transporters (grey box). This biochemical overview demonstrates the property of closure to efficient causation in more detail than that of Fig. 2b.

This is initiated by pattern matching through genetic transcription and translation, but also includes purely biochemical chains of (spontaneous) anabolic reactions. We can see how DNA and RNA provide a template (pattern) which is matched in proteins that

in turn function in the fabrication of other necessary proteins - and also the compo-385 nents from which they themselves are made. Some of these proteins are the material 386 forms needed to maintain and replicate the DNA and RNA templates. That is the ba-387 sis of the closed loop. Hofmeyr (2017) emphasises the causal separation between the 388 fabrication of unfolded, unassembled biopolymers (covalent chemistry) and their forma-389 tion into functional components by supramolecular chemical processes, this enabled by 390 the highly specific chemical environment, including chaperone molecules, proteasomes, 391 splicesomes as well as small molecules; collectively the intracellular milieu. The milieu is 392 itself maintained by molecular transporters (transmembrane selective channels), which 393 themselves are assembled and made functional by the same processes. In the catalytic 394 transformation of nutrients into biopolymers we see $a \mapsto b = (f, i)(a)$, where i selects the 395 functional catalyst necessary for each and is materially embodied in the molecules of the 396 intracellular milieu. Life is necessarily physical and material, as well as informational. 397 Identifying life should therefore include requirements for the selection of material build-398 ing blocks from the environment (nutrients), their processing into functional proteins 399 and the organisation and regulation of these processes into a closed causal loop which 400 results in reproduction (the copying of the material form, together with the organisa-401 tional information, including its information template - the nucleic acid 'blueprint'). Let 402 us now see to what extent known viruses match such a description. 403

404 3 What is a virus?

Our knowledge of viruses has progressed tremendously in the past twenty years, leading many to consider revision of what we mean by the term 'virus'. In reply to Raoult and Forterre (2008), Wolkowicz and Schaechter (2008) claimed that the defining characteristic of a virus is that it undergoes disintegration and reconstruction as entirely separate stages of its replication cycle. Still, the standard definition provided by Raoult

and Forterre (2008) stands: it is "a capsid-encoding organism that is composed of pro-410 teins and nucleic acids, self-assembles in a nucleocapsid and uses a ribosome-encoding 411 organism for the completion of its life cycle", even though that excludes viroids and 412 endogenised genetic material (inserted into host genomes). Claverie and Ogata (2009) 413 emphasised the diversity of what they considered organisms having a range of replica-414 tion cycles, deeply rooted in the 'tree of life' - specifically not the virions for which the 415 term 'virus' was first created and not mere 'gene robbers': whatever we call them, many 416 have uniquely virus genes. The many giant viruses now discovered are remarkable in 417 creating an elaborate "viral factory that resembles a eukaryotic nucleus" (Suzan-Monti 418 et al., 2007) (cited in Said Mougari et al. (2019)) with which they deploy an impressive 419 range of functional proteins (Brandes and Linial, 2019). Of key interest among these are 420 tRNAs, ribosomal proteins and other translation and transcription proteins, all coded 421 within the virus genome (Schulz et al., 2017). None have been found with the full set 422 required for independent reproduction, but the argument that viruses are incapable of 423 reproduction without the host's translational machinery has taken a few steps of retreat. 424 Some giant viruses have been found with enough of their own transcription proteins to 425 perhaps transcribe independently within the virus factory and also have some metabolic 426 pathway genes (see e.g. Schulz et al. (2017)), leading several virologists to say that 427 they are equipped with "most functions traditionally attributed to cellular organisms, 428 including: Protein translation, RNA maturation, DNA maintenance, proteostasis and 429 metabolism" (Brandes and Linial, 2019). For those virologists viewing viruses as 'life', 430 they are united by having capsids but no ribosomes, while other domains of life have 431 ribosomes, but no capsids (Raoult and Forterre, 2008). This seems to imply an equiv-432 alence (hence substitutability) between capsid and ribosome, presumably unintended. 433 According to the definition of life based on the theory of autopoiesis (Luisi, 2003; Varela 434 et al., 1974), both an enclosing physical boundary and a self-creating synthesis system 435 are needed - not one or the other. Within the organisational approach, the "relational 436

virology" of Louie (2013) precisely interprets the virus as an 'entailment network' (the
interconnection of causal necessities) coupled to the entailment network of a host cell,
strictly via genetic interaction - the replacement of genetic information in the cell. [Important conclusions: the virus contributes no material cause and its entailment network
is not cyclic].

Viruses should not be considered exclusively parasitic as some provide considerable 442 advantages for their hosts, in particular those phages that equip their prokaryotic hosts 443 with defences against their eukaryotic host, increasing the virulence of the prokaryote. 444 For example the phage Sp4 gives a superoxide dismutase to $E. \ coli$ helping them survive 445 oxidative stress, whilst phage lambda gives both an adhesin to promote adhesion to 446 buccal epithelial cells and a new outer membrane protein that confers resistance to serum 447 complement killing (many different host virulence enhancements are reviewed in Boyd 448 and Brüssow (2002)). This leads some to think of the virus-host system as a composite 449 holobiont, but if it were truly integrated as a whole, then we would more reasonably 450 consider the virus not as a life form in its own right, but rather as a part of the chimera 451 which includes an extra-cellular phase. In the extreme, the virus is incorporated as part 452 of the host genome, entirely loosing its extracellular existence (e.g. as a transposon). 453 The idea that viruses could be life because they have to be considered in combination 454 with their host does not seem to be a logical defence in any of these cases because 455 the virus loses its independent identity: it becomes a part of the host as much as any 456 other genetic element (more generally Lopez-Garcia (2012) called this argument "alien 457 to logic"). The concept of partial autonomy in genome replication, used in this context 458 by Koonin and Starokadomskyy (2016), certainly accounts for the distinct identity of 459 the replicating unit, but this is no more than a local peak or plateau in the mutual 460 information of the genome of the host. The incorporation of viral genes into a host 461 genome is most evident and advanced among those transposons having a viral origin, for 462 which the term 'autonomy' has the narrow technical meaning of possessing a transposase 463

464 gene.

Many viruses with eukaryotic hosts will cause intracellular compartments to be made, 465 within which viral replication and assembly takes place, shielded from host defences. A 466 broad range of compartment types, from relatively indistinct viroplasm formations to 467 the most organised viral factories have been identified (reviewed by den Boon et al. 468 (2010) and Novoa et al. (2005)). In the few cases of giant viruses so far know, the viral 469 factory can be a place where translational molecules of viral origin are highly expressed 470 (Rodrigues et al., 2020), but so far, perhaps crucially, no viral ribosomes or functionally 471 equivalent components have ever been detected (in their closing paragraph, Rodrigues 472 et al. (2020) speculated that it was just a matter of time before they are). Also, the 473 reproductive activities taking place within the viral factory require an energy supply 474 and this is not provided by the virus: several with eukaryotic hosts have been observed 475 to recruit host-cell mitochondria to the site (Novoa et al., 2005) or manipulate host 476 metabolism to obtain energy (Chuang et al., 2017; Nagy and Lin, 2020), as they also 477 manipulate host metabolism to produce e.g. viral lipids Rosenwasser et al. (2016). This 478 leaves us where we started: a virus is a biomolecular system having many of the basic 479 components of an organism, but lacking its own ribosomal machinery or any equivalent, 480 it depends on a ribosome encoding organism to complete its replication cycle, (Raoult 481 and Forterre, 2008) as well as needing its host to supply energy and precursor molecules 482 for reproduction. 483

484 4 Do any virus-like systems achieve closure to efficient cau485 sation?

486 4.1 Evidence in the virus replication cycle

⁴⁸⁷ To attempt an answer, the first thing we must do is interpret the replication cycle of ⁴⁸⁸ the virus as a causal network. The general replication cycle of a virus consists of at-

tachment, penetration, replication, assembly and release phases. For both attachment 489 and entry, recognition of the host molecules is achieved by molecular pattern matching: 490 when mutual information reaches a chemically determined threshold, the penetration 491 stage is triggered. There are several kinds: entry may result from a conformational 492 change in the capsid (in pore-mediated penetration); receptor mediated endocytosis, 493 e.g. clathrin mediated, which recruits adaptor proteins from the host to help form a 494 vesicle that carries the virus into the host cell; or the virus membrane may fuse with the 495 host cell membrane (as in coronavirus). This stage may also involve signalling, but is 496 generally thermodynamically spontaneous, even in the more complicated case of e.g. the 497 T4 phage with its quite elaborate mechano-chemical system (having the appearance of 498 a cleverly designed mechanism). Thus the first two stages are brought about by mutual 499 information between the form of the virus and that of its host, presumably created by 500 the evolution of the virus (perhaps co-evolution with the host). The virus DNA or RNA 501 is then released into the host cytoplasm (via spontaneous chemical mechanisms that also 502 differ among virus types). mRNA is needed for replication and in the case of positive 503 strand RNA viruses (Baltimore class IV), this is directly available from the virus. By 504 the current definition (see above), no virus has, or can autonomously create, ribosomes. 505 Hence the viral mRNA relies on host ribosomes for translation. Picornaviridae (Class 506 IV) are among those using an internal ribosome entry site (IRES) to enable host ribo-507 somes to translate their RNA into a giant polypeptide, which in the first clear case of 508 circularity, self-cleaves by internal proteases into functional proteins, one of which is the 509 RNA-dependent RNA polymerase. Another product of the polypeptide auto-cleavage 510 is itself a protease which goes on to create the other functional proteins - a protease 511 which acts upon itself. In terms of causal links, this amounts to viral formative infor-512 mation acting upon itself and being acted upon by part of the host's formal information 513 (from the ribosome). This causal arrangement is true for all known viruses, reverse 514 transcription and the contribution of translation machinery by giant viruses included. 515

Speculatively, translation might be achieved by some (giant) viruses using entirely viral 516 tRNAs, chaperones and associated enzymes (Abrahão and et al., 2018), but a source of 517 ATP is required and in all known cases supplied by the host (Raoult and Forterre, 2008; 518 Nagy and Lin, 2020). Finally, virion release is achieved through one of lysis, exocytosis 519 or budding. In each case, material is recruited from the host to perform the release. Ly-520 sis usually involves the late translation of lytic genes using host material to construct the 521 lytic agents; budding modifies and commandeers the host cell membrane and exocytosis 522 (a normal cell process) is hijacked by some viruses (e.g. the α -herpesvirus pseudorabies), 523 using cellular material and information. 524



Figure 4: Three main stages of the generalised virus replication cycle showing causal links. In attachment / penetration, virus (V) and host (H) forms combine as mutual information (MI) leading directly to viral genes entering the host. Viral genes constitute information which acts as formal cause in conjunction with the host ribosome (the efficient cause) to transform materials supplied, along with the necessary energy, by the host (material cause), leading to the replication and assembly of new virions (template replication being repeated formation of MI). Viral genes, as formal cause, act on materials supplied by the host to either make lysis molecules that transform the host into a lysed cell, or form the structures needed for budding or exocytosis (which is a host function).

What we see in this generalised virus replication cycle, is that each stage is a mechanistic link of a *linear* causal chain that depends on both the virus and its host (fig. 4). In particular, the virus contributes functional information (embodied by its genome), but lacks both the necessary material and energy (for entropy reduction) to complete the physical replication cycle. The virus therefore influences efficient causation at each stage of its replication cycle, but without the material and energy supply it is not an

independent source of causation at any stage. This lack of independence in generating causes precludes it from achieving closure to efficient causation for the simple reason that it is not a sufficient source of cause. The virus, taken alone, lacks both Kauffman's thermodynamic criterion (Kauffman, 2000) and Rosen's 'closure to efficient causation' criterion (Rosen, 1991) for defining life. In partnership with its host organism, the virushost complex meets these criteria, but Lopez-Garcia (2012) was surely right to call that notion illogical and invalid when considering the living status, specifically, of the virus.

The virus cannot control the environment needed for reproduction (it relies on the 538 homeostasis of the host cell), nor can it select the necessary materials from its environ-539 ment (it relies on the host cell to provide these). The fact that it lacks the genes for 540 ribosomes is not of critical importance, even though it is part of the current definition 541 of virus. That is because even with ribosome coding, it would remain an information 542 parasite since none of its information would be effective (causative) without appropriate 543 material to constrain. For the same reason we do not accept as living any so-called au-544 tonomous robot which depends on another system (people) to make its constituent parts 545 (this being true even if the robot were one that assembles its own parts, since it would 546 rely on people to extract and process the raw materials -a point made by Hofmeyr's 547 (2007) factory analogy). 548

4.2 Ribosomes and origin hypotheses: lack of closure is an efficient parasitic strategy

The lack of any coding for ribosomes raises an interesting question, because in principle there is no impediment to the required genes being acquired and incorporated. Depending on which of several hypotheses about the origin of viruses is true, ribosome genes may have been jettisoned (according to the 'regression hypothesis'), or never present, following either the 'escaped genes' hypothesis or the 'early virus' hypothesis in which viruses may have preceded cellular life in the evolution of early replicators - see (Farias

et al., 2014, Fig 1). Given this, it is possible to speculate that proto-life (e.g. the RNA 557 world) took two different courses: one developing via primitive ribosomes into cellular 558 life and the other, lacking any translational machinery of its own, rapidly developing 559 alongside as an RNA-based information parasite. In this scenario, leaving translation to 560 the host may be the virus solution to Eigen's paradox: no efficient enzymes are possi-561 ble without accurate information templates, but no accurate information templates are 562 possible without efficient enzymes (described with historical detail in Cornish-Bowden 563 and Cárdenas (2020)). It is now understood that ribosomes evolved by a series of ad-564 ditions to the translational core containing the peptidyl transferase centre (Fox, 2010; 565 Petrov et al., 2014), which is considered to be the oldest translational system (Petrov 566 et al., 2015), hence the bridge between a proto-biotic RNA world and the biotic ribonu-567 cleoprotein world (Farias et al., 2017), thus preceding genetic sequence-based template 568 reproduction (Farias et al., 2014). Coding the ribosome has perhaps never been part of 569 the virus strategy because it is more efficient to rely on the host to go to the expense 570 of maintaining such error intolerant and relatively large structures (requiring more than 571 the error catastrophe limit of circa 200 base-pairs (Maynard Smith and Szathmáry, 1995, 572 pp 44-49)). Even if primordial replicators were the origin of viruses, what is left of them 573 in modern viruses does not posses closed causation, since a host organism is always 574 necessary to complete the replication cycle. Under the other two popular virus-origin 575 hypotheses: if viruses are stripped down former organisms, the same holds and if they 576 are escaped genetic replicators, again they have never been closed to efficient causation. 577

578 4.3 Can closure to efficient causation be quantitatively detected?

The only way to detect and perhaps quantify cause is through intervention (Pearl, 2009; Woodward, 2003, 2016). So far the methods offered have almost exclusively concentrated on linear chains of causality, or systems that can be represented by directed acyclic graphs.

583 4.3.1 Markov blankets

Friston (2013) proposed a Bayesian statistical approach (used for time-series data) to 584 identify the characteristic organisational structure of life with a Markov blanket. It relies 585 on partitioning causal subsystems which describe causal graphs of system states (hence 586 not easily extended to ontological causal problems). The Markov blanket approach was 587 initially proposed in the context of Bayesian networks of statistical relationships by Pearl 588 (1988) and has been applied to the study of self-organisation in neural networks, (e.g. 589 Kirchhoff et al., 2018). Specifically, a Markov blanket is a set of vertices in a directed 590 probabilistic graph, which separates two other sets by conditional independence (one set 591 is independent of the other, given the blanket). It can therefore be used to imply the 592 existence of internal states, distinct from external states, such that internal states are 593 not causally dependent on external ones. This is a tempting prospect because the causal 594 boundary identified by a Markov blanket could coincide with the necessary internalisa-595 tion of causality of autopoiesis and autonomy and entailed in cyclic causality (Palacios 596 et al., 2020). Unfortunately, Bayesian networks are meaningful only for directed acyclic 597 graphs, so although Friston (2013) used them to show how a Markov blanket emerges 598 from a control system that seeks to minimise free energy by active (and embodied) in-599 ference (Conant and Ashby, 1970), his paper did not show that the Markov blanket 600 indicates closure to efficient causation: indeed his analysis referred to the self-regulation 601 of a system connected to a variable environment, not the self-making of that system. 602 Despite that, we can usefully interpret the cell-virus system via a *cyclic* graph model 603 (Fig. 5). 604



Figure 5: The host-virus system redrawn as a directed (cyclic) graph for causal analysis (full lines show material cause; dashed show efficient cause and virus contributions in grey). Note the causal loop of the cell cycle { (N A) - R - B - P - E - (N A) }. The apparent material loop { P - E - A } is not closed since B is also necessary for P. Similarly, RNA replication { RNA - RNA } is not closed since N is necessary for RNA synthesis. Nutrients are necessary for the cell cycle as well as (not shown) energy; Nutrients are labelled without a box to emphasise the system is materially (and thermodynamically) open. Virus can contribute viral enzymes vE (V_E) as well as vRNA (V_R), these too are labelled without a box since the cell is open to these foreign contributions. Note, this graph cannot be treated directly as a Bayesian network because it is cyclic and cannot be treated directly as a Markov random field model because it is directed.

In principle, we could factorise the probability (p) of the graph, taking the directed edges as conditionals, e.g. for B:

$$p(B) = p(P|\{B \land A\}) . p(R|N), \tag{4}$$

but the cyclicity makes the full factorisation of $\{N, A, R, B, P, E\}$ a tautology in which $p = 1 \forall$ nodes; i.e. cyclic Bayesian networks do not make sense. We can, instead, treat the network as a Markov random field (MRF) by abandoning the directedness so that edges of the graph represent potential functions (hence for the following analysis we should ignore the arrows in the graph). Labelling the set $\{N, A, R, B, P, E\} = S$ (and for clarity relabelling the component parts N and A collectively as C and the nutrients as n);

$$p(S) \propto \phi(C, n) \ \phi(R, C) \ \phi(B, R)) \ \phi(B, P) \ \phi(P, B) \ \phi(P, C) \ \phi(E, P) \ \phi(C, E), \tag{5}$$

⁶¹⁴ in which each ϕ is a potential function relating variables in the factorisation. In ⁶¹⁵ general, factorisation of an MRF (with α as a constant) has the form:

$$\mathbf{p}(\mathbf{S}) = \alpha \prod_{i \in \mathbf{Q}} (\mathbf{G}) \phi_i(x_i), \tag{6}$$

where Q is the set of *cliques*, defined as a subset of all the nodes in the graph (G) for which every distinct node is adjacent, i.e. for every pair of nodes u and v in the clique $Q, u \neq v$ and the edge $\bar{uv} \in E(G)$, the edge set of G, so all the nodes in Q must be connected by an edge in G. Identifying the cliques in the cell-cycle graph, reduces Eq. 5 to:

$$p(S) = \alpha \ \phi(C, n) \ \phi(R, C) \ \phi(B, R)) \ \phi(B, P) \ \phi(C, P, E), \tag{7}$$

and to include the virus, we just add its contributions:

$$p(S_{V}) = \alpha \ \phi(C, n) \ \phi(R, C) \ \phi(B, R)) \ \phi(R, V_{R})) \ \phi(B, P) \ \phi(C, P, E) \ \phi(E, V_{E})).$$
(8)

With this, we can identify the *separating subsets* between all pairs of subsets in G 622 that make these subsets conditionally independent (conditional in the sense that only 623 by specifying the values of the separating subset do we make one member of the pair 624 independent of the other). In general, though, we can use the following local Markov 625 properties of the MRF: i) all non-adjacent variables are conditionally independent given 626 all other variables and ii) every variable is conditionally independent of all non-neighbour 627 variables given its neighbours, which in turn defines a Markov blanket for every variable. 628 In other words, in the MRF, for any node, there is a Markov blanket consisting of all 629 the neighbours of that node (i.e. all the nodes it is directly connected to). That is of 630 considerable use in the design of artificial neural networks or the study of real neural 631 networks when the values represented by nodes are measurable variables (as in Friston, 632 2013; Kirchhoff et al., 2018; Palacios et al., 2020), but in the present application, we 633 are just borrowing the mathematical structure to identify dependencies in the cell-virus 634 system. All we need to know about the local Markov properties is that they tell us that 635 the presence and/or functioning of a focal node is entirely determined by specifying the 636 state (presence or absence / functional or not) of its neighbouring nodes. Taking B, the 637 ribosomes, for example, we can see that they are not functional if either or both of P and 638 R are not functional, irrespective of whether vRNA is functional - and we do not need 639 to enquire further into the presence of nutrients or functioning of metabolic enzymes. 640 More significantly, we can see that no function of the system is dependent on any of the 641 viral contributions, other than viral replication, which in turn is strictly dependent upon 642 them, e.g. viral reproduction strictly depends on the production of N (nucleic acids). 643 This is of course just a formal way of saying that the virus is strictly dependent on the 644 cellular host, but the host is strictly independent of the virus: we have not advanced 645 much by using an MRF model. 646

To be fair to those pursuing the Markov blanket approach, the acyclic restriction can be lifted by explicit use of a dynamic system model (clearly $\dot{x} = f(x)$ is causally cyclic

but solvable). For example, Dynamic Causal Modelling (DCM) (Friston et al., 2003) 649 enables dynamic causal analysis of Bayesian networks. Equations of motion have to be 650 specified and the dynamic system allowed to follow its trajectory in time to reach an 651 attractor, which then describes the causal relations throughout the dynamic network (di-652 rected cause-effect dependencies and conditional independencies) as a hypothesis which 653 is tested against time-series data collected from nodes in the system. DCM therefore 654 involves comparing rival plausible models of causal structure with observed time-series 655 of variables from within the system (an approach demanding tremendous detailed speci-656 ficity). Friston (2013) used a more general (stochastic) dynamic causal model, given a 657 Markov blanket, to show the emergence of perception from an embodied control system 658 operating by free-energy minimisation in the context of a varying environment that sep-659 arates out as a set of external states Ψ , leaving internal states $\lambda \in \Lambda$ isolated by the 660 Markov blanket that itself is partitioned into sensory states ($s \in S$) and active states 661 $(a \in A)$. The internal states self-organise in conjunction with the active states (following 662 the free-energy minimisation of the sensory states) to become an embodied perception 663 of external states (Friston, 2013, Fig.1). To apply such a model to a cell-cycle seems a 664 daunting task and no result is presently available, but it can be noted that a virus is 665 not obviously self-controlling, or seeking to minimise free-energy or any other potential 666 function, nor is it obviously in possession of a Markov blanket. 667

668 4.3.2 Integrated Information Theory

Rather more promising for the present purpose is the analysis of causal graphs using Integrated Information Theory (IIT) (Tononi, 2004, 2008; Oizumi et al., 2014; Marshall et al., 2018; Hoel et al., 2016) (originally intended for understanding consciousness), because it has already proved practical in the quantification of causal independence in cyclic causal architectures and the identification of the internalised information associated with them (Albantakis et al., 2014; Albantakis and Tononi, 2015; Marshall et al.,

2018, 2017; Juel et al., 2019). Using this, the hope is that the qualitative question of 675 whether viruses can be considered alive could be reframed as the quantitative question of 676 how much of the virus replication cycle is causally independent of its host-environment -677 and how much it is a source of cause (as constraining information) in that environment. 678 IIT determines the causal structure of a system by simulating its perturbation in every 679 possible way (so is very computationally expensive). Its overall measure of integrated 680 information (Φ) gives the intrinsically irreducible causal power of the system as a whole, 681 in the sense that if any partition of the system into two parts makes no difference to 682 its cause-effect structure, the whole is reducible to those parts (hence the term 'inte-683 grated). One obvious test here is to partition a virocell (the intracellular form of the 684 virus including the its reproductive components - (Forterre, 2013)) into its virus and 685 host cell parts to determine the causal integration of the whole. 686

The network of Fig. 5 (without virus) was translated into a discrete Markov Boolean system (Fig 6) in which 1 (ON) represents 'exists' and 0 (OFF) represents 'does not exist'. Nodes were all represented as AND mechanisms (using the language of IIT from Oizumi et al. (2014)), since the existence of each depends on all its inputs being from existing (ON) nodes. We should take care to remember that network models of this kind are designed to represent state dependencies among existing entities, rather than their existence or otherwise.



Figure 6: A Boolean network model of the system (Fig 5) for IIT calculation, using logical AND as mechanisms for all dynamic nodes, represent the requirement for all their inputs to be ON for them to exist. Note nucleic acids and amino acids are lumped together as components C. Nutrients (F for food here) and supplied RNA are considered external (provisions) so fixed ON (indicated by shading). The unshaded nodes represent internal mechanisms of the cell. Viral RNA (vRNA) and enzymes (vE) are external and identified by dotted causal links. vRNA and vE are fixed ON to represent a virocell (virus infected cell), otherwise the are fixed OFF.

Boolean networks follow inexorable dynamics from any initial condition (a starting 694 state specified by the set of node values -e.g. for nodes R, C, E, P, B, we could start with 695 $\{1\ 0\ 1\ 0\ 0\}$) and converge onto at least one attractor: either a fixed point where no further 696 changes to states occur, or complex, where dynamics follow cyclic or chaotic variations 697 (Kauffman, 1969). The dynamics depends on the update algorithm; in the simplest case 698 this is synchronous (all nodes updated concurrently). Asynchronous models are usually 699 preferred for biological network representations because typically each node has its own 700 characteristic timescale, but in the present application which is rich in auto-reflexive 701 relationships (causal looping), synchronous seems reasonable (we will soon see why it is 702

precisely correct). Various methods have been developed to reduce Boolean networks to their effective equivalent (Matache and Matache, 2016) by eliminating simple mediator nodes (single input, single output, e.g. node E (without virus)) and 'stablized nodes' which reach a fixed point irrespective of timing and initial condition). Of most relevance for the present (quite simple) networks are the (widely used) algorithms proposed by Saadatpour et al. (2013) for eliminating mediator nodes and stabilised nodes. The logic of the network (Fig. 6) can be written as:

$$G = \{ R \leftarrow (C \land RNA); C \leftarrow (E \land F); E \leftarrow P \leftarrow (C \land B); B \leftarrow (R \land P) \}, (9)$$

where \Leftarrow denotes one sided logical equivalence (e.g $R \Leftarrow C$ means R copies C). If nutrients and RNA are given, then *RNA* and *F* are fixed ON, so they do not affect the state of any AND gates, so can be eliminated. Further, we can see that *E* is indeed a simple mediator and with *RNA* and *F* eliminated, *R* appears to be a simple mediator also, but because it depends on *C*, which in turn depends on *P* (via the eliminated *E*) and also determines *P*, the network is only reduced to:

$$\mathbf{G} = \{ R \Leftarrow C \Leftarrow P \Leftarrow (C \land (R \land P)) \},$$
(10)

from which the auto-recursion becomes clear as we see P depends on P, C depends 716 on C and R depends on R in a single nest of loops containing loops (hence the reduced 717 graph has only one element). A Boolean transition table is easily made for the three 718 nodes P, C, R, relating the states that follow every possible current state (from $\{0, 0, 0\}$ 719 to $\{1,1,1\}$ and it shows that $\{1,1,1\}$ is a fixed attractor and all other states lead to 720 the only other (also fixed) attractor $\{0, 0, 0\}$. Since the network dynamics have only 721 fixed attractors, it is unaffected by the update algorithm timing, hence (as promised) 722 the synchronous update algorithm is appropriate (see Appendix for details). 723

The IIT calculator (Mayner et al., 2018) was first given the complete network shown 724 in Fig. 6, with the initial state of nutrients (F) permanently fixed ON; RNA fixed ON 725 and all other (dynamic) nodes OFF. For the subsystem containing all but the nutri-726 ents node (which is external), the overall IIT was non-zero ($\Phi = 0.028$), indicating the 727 presence of intrinsic integrated information. Taking the subsystem of all internal nodes 728 $\{R B P C E\}$, (excluding the RNA, assuming this to be an external, given from inheri-729 tance), with all but RNA initially OFF produced the considerably larger $\Phi = 0.125$ (more 730 detail is in the Appendix). Taking this subsystem with all nodes ON gave $\Phi = 0.3125$. 731 This case represents the living cell alone. Crucially for the virus question, adding vRNA732 and vE to the system in either case did not change the values of Φ or any of the concept 733 φ values. 734

Using the (Saadatpour et al., 2013) reduction of the Boolean representation (Fig. 6) 735 eliminated B and E to leave the closed looped system of Eq. 10 (see Appendix for 736 details) which has only the ontological fixed attractors: $\{1, 1, 1\}$ and $\{0, 0, 0\}$ (either 737 everything exists or everything does not exist), as does the complete network, of course. 738 It is immediately clear that every part of the internal system is able to both affect and 739 be affected by every other part, since no part or partition of the system acts the same 740 way if any other part is separated from it, hence the system is an integrated intrinsically 741 irreducible whole ($\Phi > 0$). Significantly, adding the virus (vRNA and vE) made no 742 difference to any of the Φ or causal structure results. Considering their role within 743 the network, where vRNA is associated with node RNA and vE with node E, which 744 could both be eliminated using the rules of Saadatpour et al. (2013), this should not 745 be surprising. The IIT result quantitatively confirms that the virocell has no more 746 integration of causal information than the host cell, i.e. the virus itself contributes 747 nothing to the existence of the system, according to the model used here, though of 748 course a virocell cannot exist without a virus: it either exists if there is both virus and 749 functioning cell, or it does not, which is a very simple causal structure. That leaves all 750

the closed loop causality that makes life such a special phenomenon, firmly a propertyof the host cell.

These results seem quite conclusive, but it should be recalled that IIT was not 753 intended to be used for ontological (existence) causal questions like this. What can be 754 concluded is that in the causal network models presented, the role of virus contributions 755 has always been ancillary to those of the host cell. These ancillary contributions make a 756 combined biological entity - the virocell - by adding sometimes very considerable amounts 757 of information to the system. But although measures of total information content suggest 758 that the largest virus genomes rival those of the simplest cellular organisms, we know 759 that total information is not particularly informative - it is what the information does 760 that counts. A good measure of this is the total effective information contributed by the 761 virus relative to that of the host: effective information being that which by constraining 762 forces, generates cause. From the IIT analysis and the preliminary logic analysis and 763 network reduction, it is quite clear that the Boolean representation of the host cell is rich 764 in cyclic causality and that the virus contributes nothing to that, other than existence 765 / non existence of a virocell, depending on the presence of a virus. 766

767 5 Conclusion

It is now clear that viruses are a very varied group of systems, some with information 768 richness that could rival simple cellular organisms (which lack many genes thought neces-769 sary for prokaryotic life (Claverie and Ogata, 2009)) and all deploy nucleic acid templates 770 that can evolve, especially in response to the changing environment presented by their 771 hosts. They contribute, sometimes considerable amounts of, functional information for 772 the completion of their reproductive cycle at every stage, but never all that is needed 773 other than for attachment and insertion stages. In particular they do not contribute 774 sufficient functional information to support closure to efficient causation. Specifically, 775

they lack the ability to independently organise the creation of the necessary set of cat-776 alytic proteins (enabling formal cause to be enacted as efficient cause) and to create 777 and maintain the necessary local environment - the intracellular mileu that enables vi-778 ral efficient causes to become functional through folding and self assembly. As a result 779 they cannot achieve closure to efficient causation without considerable support from 780 their host organisms (Fig. 7.A). In the abstract terms of a relational diagram, this was 781 anticipated by Louie (2013), though it might be concluded from Fig. 7.B that Louie's 782 relational diagram of viral infection is insufficiently concrete in molecular terms to con-783 vince most virologists. Finally, we can see where the virus infection interacts with the 784 cell at the more explicit level provided by Hofmeyr (2017) (Fig. 3 above) by comparing 785 Fig. 3 with Fig. 7.A. Consistent with (Louie, 2013, Section 13.2), the link is found in 786 the replacement of mRNA with an 'impostor' (Louie actually calls it a rebel) which be-787 comes formal cause for the replication of viral polypeptides, though many viruses begin 788 with 'impostor' DNA and even include their own transcription enzymes among the viral 789 polypeptides, all of which can be accommodated by Fig. 7 in Hofmeyr (2017). 790

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Figure 7: A. This is the same as Fig 3, but now with a virus incorporating itself into the system (shown in grey shading), for which the efficient cause is viral attachment and penetration (stage 1 of Fig 4, termed infection here). For simplicity, DNA transcription removed, a +ve. s.s. RNA virus is represented: its RNA acts directly as mRNA within the host system (vRNA \rightarrow mRNA). The host ribosome is then used as efficient cause for viral proteins via folding and self-assembly. Critically, the material cause for these is necessarily supplied by the host cell. B. For comparison, diagram 30, of (Louie, 2013, Ch.11) redrawn to match the present symbol convention and with viral genes and their translated proteins (marked with prime) explicit (the original did not include primed labels, though the mapping stated with the diagram was given).

Showing that the virus is unable to independently achieve causal closure is much more than saying that they are obligate parasites because all organismal parasites are closed to efficient causation, only lacking some external (environmental) resources which they obtain from their host. Viruses, being essentially a linear chain of causal relations,

provide no organisational demarcation between internal and external. In this respect 795 they are no different from non-living things: they have no independence of agency, so 796 lack the very essence of what it is to be alive. Without causal closure there is no life 797 according to the organisational biology perspective within systems biology. In terms of 798 causation, living things are definitively the efficient cause of themselves; efficient cause 799 is necessarily the combination of formal and material cause; viruses are formal cause of 800 themselves, but not material cause, so are not efficient cause and therefore cannot be 801 living things. 802

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Declaration of interests

X The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:



I am the sole author. The work presented was not funded, did not involve any other party and I have not received any payment in any kind in relation to it.

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