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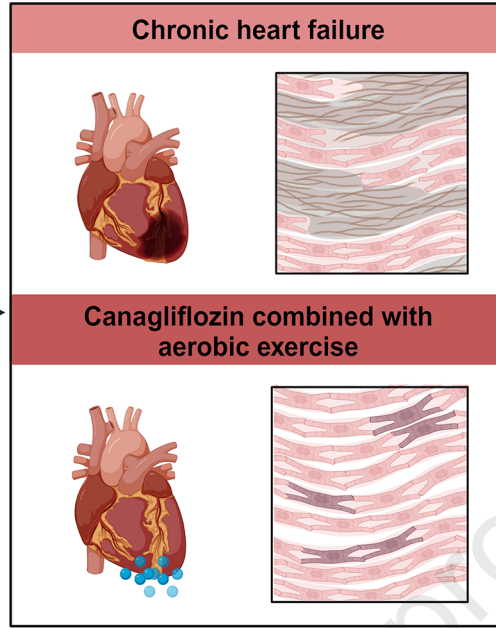
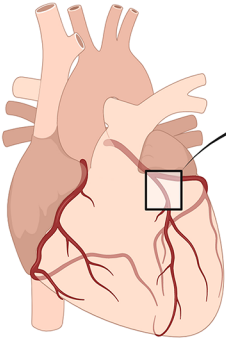
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Canagliflozin combined with aerobic exercise against chronic heart failure



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1 **Canagliflozin combined with aerobic exercise protects against**
2 **chronic heart failure in rats**

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28 **Abstract**

29 Objective: To determine the efficacy and potential protective mechanism of canagliflozin
30 combined with aerobic exercise in treating chronic heart failure (CHF).

31 Methods: Isoproterenol was injected into rats to create CHF models. The rats were then
32 subsequently divided into saline, canagliflozin (3 mg/kg/d), aerobic exercise training, and
33 canagliflozin combined with aerobic exercise training.

34 Results: Compared to the CHF group, the canagliflozin combined with the aerobic exercise
35 group had superior ventricular remodelling and cardiac function. In rats treated with
36 canagliflozin combined with aerobic exercise, the expression of cytochrome P450 (CYP) 4A3,
37 CYP4A8, COL1A1, COL3A1, and FN1 reduced, while the expression of CYP26B1,
38 ALDH1A2, and CYP1A1 increased significantly. Additionally, canagliflozin combined with
39 aerobic exercise decreased the phosphorylation of AKT and ERK1/2.

40 Conclusion: Canagliflozin combined with aerobic exercise has a positive effect on the
41 development of CHF via regulation of retinol metabolism and AKT/ERK signaling pathway.

42 **Key words:** Chronic heart failure; Aerobic exercise; Canagliflozin; Myocardial fibrosis;
43 Retinol metabolism signalling pathway

44 Introduction

45 Chronic heart failure (CHF), the most prevalent form of cardiovascular illness, is a global
46 health issue with a high death and morbidity rate¹. The disease affects about 2% of the adult
47 population worldwide, and the 5-year mortality rate is estimated to be between 45-60%,². CHF
48 is a complex condition characterized by a cardiac muscle's inability to maintain blood supply
49 to peripheral tissues, resulting in decreased systemic energy metabolism³. Multiple studies
50 have demonstrated that regulating cardiac energy metabolism is critical for treatment^{4,5}. The β -
51 oxidation of fatty acids in the mitochondria satisfies the heart's high energy requirements.
52 Oliveros *et al.* observed previously observed that a vitamin A deficit paired antioxidant
53 defenses, promoted lipid peroxidation in the adult rat heart, and altered aortic lipid metabolism⁶.
54 The peroxisome proliferator-activated receptor (PPAR) is a ligand-activated nuclear
55 transcription factor⁷. PPAR modulates fatty acid oxidation (FAO) and mitochondrial
56 bioenergetics, suppresses myocardial remodeling and fibrosis, and improves HF⁸.
57 Consequently, we must investigate new techniques for enhancing cardiac function by
58 ameliorating abnormalities of cardiac energy metabolism, preventing cardiac remodeling and
59 fibrosis, and thereby preventing or postponing the advancement of heart failure.

60 Canagliflozin, an inhibitor of sodium-glucose cotransporter 2 (SGLT-2), has been
61 demonstrated to benefit HF with a lower ejection fraction⁹. SGLT-2 inhibitors (canagliflozin,
62 etc.) for CHF patients, improve quality of life, and reduce mortality, morbidity, and readmission
63 rates¹⁰. In diabetic and nondiabetic subjects, canagliflozin treatment significantly reduced the
64 risk of cardiovascular death, myocardial infarction, and hospitalization for hypertension.¹¹. In
65 addition, SGLT-2 inhibitors can improve fatty acid metabolism and utilize ketone bodies to
66 create mitochondrial energy, so enhancing the aerobic metabolism of skeletal muscle,
67 inhibiting anaerobic metabolism, and enhancing aerobic exercise capacity¹². Canagliflozin has

68 been demonstrated to decrease myocardial glucose metabolism, enhance myocardial fatty acid
69 metabolism, and increase circulation of ketone bodies¹³, thereby ameliorating heart failure via
70 modifying myocardial energy metabolism and oxidative stress¹⁴.

71 Aerobic exercise training is associated with improved aerobic capacity, cardiovascular
72 function and metabolic regulation¹⁵. In patients with CHF, aerobic exercise positively benefits
73 cardiovascular function, myocardial metabolism and antioxidant status¹⁶. Additionally, it can
74 effectively reverse ventricular remodeling in heart failure, enhance aerobic capacity and
75 maximal oxygen absorption¹⁷. The proposed mechanisms of aerobic exercise in the therapy of
76 CHF include increased energy expenditure and improved metabolic function. Tomas *et al.*
77 demonstrated that moderate-intensity aerobic exercise boosted mitochondrial respiration, ATP
78 levels, and cardiac function in rats with CHF¹⁸. Also, aerobic exercise has been shown to
79 stimulate the release of irisin in cardiomyocytes, thereby enhancing cardiomyocyte metabolism,
80 preserving mitochondrial function, and increasing energy expenditure¹⁹.

81 The 2021 Canadian Heart Failure Guidelines highlight the combination of prescribed
82 medications (SGLT-2 inhibitors, beta-blockers, etc.) and nonpharmacological therapy for the
83 treatment of CHF^{10,20}. Based on canagliflozin medication, combined aerobic exercise may be
84 more beneficial in treating CHF, but the particular effect and molecular mechanism remain
85 unknown. This study was designed to examine the efficacy and potential protective mode of
86 action of canagliflozin combined with aerobic exercise in the treatment of CHF.

87 **Materials and Methods**

88 **2.1. Experimental animals**

89 Male Sprague Dawley (SD) rats of eight weeks of age were acquired from Beijing Weitong
90 Lihua Laboratory Animal Technology Co., Ltd. and animal experiments were conducted in the

91 SPF animal room of the First Affiliated Hospital of Shandong First Medical University
92 (License number: SCXK Beijing 2016-0006). Before the experiment, the rats were housed for
93 two weeks under standard temperature (21–23°C) and humidity (40–60 %) conditions with
94 free access to food and drink. The care and use of laboratory animals conformed to the Guide
95 for the Management and Use of Laboratory Animals, and the Animal Experimentation
96 Committee of the First Affiliated Hospital of Shandong First Medical University granted
97 ethical and scientific approval (2020S014).

98 **2.2. Experimental protocol**

99 70 rats were randomly assigned to two groups: the saline-treated control group (n = 6) and the
100 CHF group (n = 64). As previously stated²¹, the isoproterenol (ISO)-induced rat models of CHF
101 were created. For ten days, rats were injected intra-peritoneally with a 5 mg/kg/d isoproterenol
102 solution. Animals that have died were excluded from the study. After establishing the model,
103 24 rats in the CHF group survived and were randomized into four groups: the ISO+CA group
104 (n = 6, oral administration of canagliflozin 3 mg/kg/d), the ISO+AE group (n = 6, aerobic
105 exercise training on a small animal multitrack treadmill), the ISO+AE+CA group (n = 6,
106 simultaneous oral administration of canagliflozin and aerobic exercise training), and the ISO
107 group (n = 6, oral administration of equal amounts of normal saline).

108 Regarding the study by HIRA *et al.*²², canagliflozin (Merck Serono, Beijing, China) was
109 supplied through gavage, and the medication dose was established to be 3 mg/kg/d for 4 weeks.
110 The aerobic exercise program is based on the design of Bedford *et al.*²³. Every day, rats
111 completed 5 to 10 minutes of warm-up exercise (speed 5 m/min, incline 0°), after which the
112 speed was increased to 12 m/min and the elevation was altered to 5° (equivalent to 45 percent
113 VO₂max). On days 1, 2, and 3, the running time was 15, 30, and 45 minutes, respectively, and
114 on day 4, the running time was increased to 60 minutes. The aerobic exercise was performed

115 six times each week for four weeks. The study excluded rats who refused to run steadily on the
116 treadmill. After four weeks, the rats were anesthetized with 2% sodium pentobarbital (40 mg/kg)
117 and sacrificed. Blood was obtained from the femoral artery, centrifuged to collect serum, and
118 then stored at -80°C for ELISA. Cardiac tissue samples taken from the mid LV (2.5 mm above
119 the apex) of the heart were fixed with 4% paraformaldehyde for histopathological analysis and
120 immunohistochemical staining, and the remaining LV tissues were stored at -80°C for western
121 blot assay and qPCR analysis.

122

123 **2.3. Echocardiographic assessment**

124 Echocardiography was performed one day before the ISO injection, one day after the ISO
125 injection, and four weeks after the drug and exercise interventions. To alleviate pain and anxiety,
126 rats were sedated with 1.5% isoflurane and placed in the supine position. Left ventricular
127 ejection fraction (LVEF) and left ventricular fractional shortening (LVFS) were the key
128 parameters measured. Parameters such as the left ventricular end of systole volume (LVESV),
129 left ventricular end of diastole volume (LVEDV), left ventricular internal diameter at end-
130 systole (LVIDs), left ventricular internal diameter at end-diastole (LVIDd), left ventricular
131 posterior wall diastole (LVPWd), left ventricular posterior wall systole (LVPWs), left
132 ventricular anterior wall diastole (LVAWd) and left ventricular anterior wall systole (LVAWs)
133 were obtained from the 2D-guided M-mode measurements by software of the Vevo 3100
134 (VisualSonics Inc, Toronto, Ontario, Canada). The values of LVFS and LVEF were calculated
135 by the Vevo LAB software. Carry out three measurement analyses and take the average value
136 of the three analyses.

137 **2.4. Histopathological examination**

138 After immobilizing myocardial tissues with 4% paraformaldehyde for at least 48 hours,
139 paraffin sections were prepared. These sections were stained with hematoxylin-eosin (HE) and
140 Masson trichrome to evaluate histopathological alterations and collagen deposition, then
141 photographed at a magnification of 40 \times . Using Image-Pro Plus 6.0, the collagen volume
142 fraction (collagen area/total area \times 100%) was calculated.

143 **2.5. Immunohistochemistry**

144 The hearts were submerged in paraformaldehyde at a concentration of 4% and embedded in
145 paraffin. Cross-sections of the heart were dewaxed, heated for antigen retrieval, treated with 3
146 percent hydrogen peroxide to inhibit endogenous peroxidase activity, and then blocked with 4
147 percent bovine serum albumin. The sections were then treated overnight at 4 $^{\circ}$ C with the
148 primary antibodies collagen I (COL1) (Abcam, 1:150), collagen III (COL3) (Abcam, 1:700)
149 and Fibronectin (FN1) (Abcam, 1:1000). The slices were treated with the appropriate
150 secondary antibodies, and the positive staining was detected with diaminobenzidine (DAB)
151 and counterstained with hematoxylin before being studied under a 40-magnification electron
152 microscope. Image Pro Plus 6.0 software was used to quantify every image.

153 **2.6. RNA sequencing (RNA-seq)**

154 Total RNA was extracted from the apical tissue using the RNeasy Mini Kit (250) Qi-
155 agen#74106 kit, and three biological replicates in the Control, ISO, ISO+CA and ISO+AE+CA
156 groups were used for quality inspection and RNA quantification. Strand-specific libraries were
157 prepared following depletion of ribosomal RNA and sequenced on an Illumina NovaSeq 6000
158 instrument using the paired-end sequencing chemistry.

159 The raw off-machine data were first processed to obtain high-quality sequences, and then
160 the high-quality sequences were aligned to reference genes, and the results were quantified for

161 transcriptome expression. Differentially expressed genes were calculated and differentially
162 screened by Fragments Per Kilobase per Million (FPKM), etc. Screening criteria: P value<0.05
163 and the fold change (FC) is 2 times up ($FC \geq 2$) or 2 times down ($FC \leq 0.5$) and eliminated
164 the differentially expressed genes with FPKM less than 1 in each group. Visual analysis of
165 sequencing results using R language and bioinformatics online tools
166 (<http://www.bioinformatics.com.cn/>). The STRING 11.5 database²⁴ (<https://cn.string-db.org>)
167 contains genes with distinct expressions. After hiding unconnected nodes, platform and
168 protein-protein interaction (PPI) networks were obtained. To further examine the PPI network,
169 the Molecular Complex Detection (MCODE)²⁵ tool of Cytoscape 3.7.1²⁶ (<http://cytoscape.org/>)
170 was utilized. Gene Ontology (GO) functional analysis and Kyoto Encyclopedia of Genes and
171 Genomes (KEGG) enrichment analysis were performed using Metascape²⁷
172 (<https://metascape.org/>), and bioinformatics online tools and Cytoscape 3.7.1 software were
173 utilized for data visualization.

174 **2.7. Western blot analysis**

175 Protein lysates from heart tissue were separated by 10% SDS-PAGE and then transferred to
176 PVDF membranes (EMD Millipore, Billerica, MA, USA). Membranes were incubated
177 overnight at 4 °C with the following primary antibodies: β -tubulin (1:1,000; 10068-1-AP;
178 Proteintech), AKT (1:1,000; cat. no. ab32505; Abcam), phosphorylated AKT (p-AKT) (1:1,000;
179 cat. no. ab192623; Abcam), ERK1/2 (1:1,000; cat. no. ab184699; Abcam), and phosphorylated
180 ERK1/2 (1:1,000; cat. no. ab201015; Abcam). The membranes were cleaned and incubated
181 with the appropriate secondary antibody (1:10000) at room temperature for one hour the
182 following day. Using an ECL Chemiluminescence Kit, blots were seen (servicebio, Wuhan,
183 China). Using the FluorChem E imaging equipment, the protein bands were semi quantified
184 (ProteinSimple, San Francisco, CA, USA). Using an image analysis system, protein band

185 densities were assessed and expressed as ratios to AKT or ERK1/2.

186 **2.8. Quantitative reverse transcription-PCR analysis**

187 Total RNA was extracted using TRIzol reagent (Genstar, Beijing, China) according to the
188 manufacturer's protocol, and cDNA was obtained by reverse transcription reaction with *mRNA*
189 utilizing an AccuPower RT PreMix kit (Accurate Biology, Hunan, China). Quantitative real-
190 time PCR (qPCR) was used to determine the *mRNA* levels of collagen 1 alpha 1 (COL1A1),
191 collagen 3 alpha 1 (COL3A1), FN1, cytochrome P450 (CYP) 1A1, CYP2C23, CYP4A8,
192 CYP4A3, CYP26B1, Aldehyde oxidase 1 (AOX1), Aldehyde dehydrogenase 1 family member
193 A2 (ALDH1A2). As an internal control, β -actin was used to calculate relative expression. The
194 relative RNA concentration was determined using the $2^{-\Delta\Delta ct}$ method.

195 **2.9. Enzyme-linked immunosorbent assay (ELISA) analysis**

196 After four weeks of intervention, blood samples from rats were collected. ELISA Kits were
197 used to determine the serum concentrations of N-terminal pro-B-type natriuretic peptide (NT-
198 pro BNP) (Shanghai Enzyme-linked Biotechnology Co., Ltd.) according to the manufacturer's
199 instructions.

200 **2.10. Statistical analysis**

201 GraphPad Prism 8 software (GraphPad, SanDiego, CA, USA) was used to analyze the data,
202 and the results are presented as mean \pm standard errors of mean (SEM). For multivariate
203 comparisons between groups, a two-way ANOVA followed by the Turkey post-hoc test was
204 used. $p < 0.05$, $p < 0.01$, $p < 0.001$ and $p < 0.0001$ were considered to be statistically significant.

205 Results

206 3.1. Canagliflozin combined with aerobic exercise improved ISO-induced cardiac 207 dysfunction

208 To investigate the effect of canagliflozin combined with aerobic exercise on CHF, cardiac
209 function was assessed using echocardiography. After 10 days of ISO administration, the levels
210 of LVEF ($P < 0.001$) and LVFS ($P < 0.001$) in the ISO group were significantly lower than in
211 the control group, indicating that the CHF rat model was successfully established. LVEF and
212 LVFS levels were significantly higher in the ISO+CA group (LVEF, $P < 0.05$; LVFS, $P < 0.05$),
213 the ISO+AE group (LVEF, $P < 0.05$; LVFS, $P < 0.05$), and the ISO+AE+CA group (LVEF, P
214 < 0.01 ; LVFS, $P < 0.01$). Moreover, compared to the ISO group, the levels of LVIDs ($P < 0.05$)
215 and LVESV ($P < 0.05$) were significantly reduced in the ISO+AE+CA group but not in the
216 ISO+CA group (LVIDs, $P = 0.21$; LVESV, $P = 0.21$). (**Figure 1(A, B), Table 1**).

217 To further confirm the protective effect of canagliflozin combined with aerobic exercise
218 on CHF, NT-pro BNP serum levels were measured²⁸. Compared to the ISO group, the NT-pro
219 BNP levels in the ISO+AE group ($P < 0.01$), the ISO+CA group ($P < 0.05$), and the
220 ISO+AE+CA group ($P < 0.01$) were significantly lower (**Table 1**). These results suggested that
221 ISO impaired cardiac function and that canagliflozin intervention alone and in combination
222 with aerobic exercise therapy improved ISO-induced cardiac insufficiency by enhancing
223 myocardial contractility.

224 TABLE 1. Canagliflozin combined with aerobic exercise improved left ventricular function in ISO-induced rats.

Group	Control	ISO	ISO+AE	ISO+CA	ISO+CA+AE
LVPWd (mm)	2.64±0.47	2.33±0.12	2.42±0.26	2.28±0.16	2.46±0.17
LVPWs (mm)	3.31±0.35	3.35±0.26	3.56±0.35	3.76±0.17	3.92±0.23

LVAWd (mm)	2.74±0.22	2.05±0.21	2.23±0.13	2.17±0.15	2.49±0.20
LVAWs (mm)	4.04±0.06	2.71±0.20 ^{##}	3.14±0.24	2.99±0.10	3.21±0.32
LVIDd (mm)	7.11±0.31	6.73±0.04	6.09±0.30	7.01±0.39	6.64±0.61
LVIDs (mm)	2.86±0.38	4.16±0.28 ^{##}	2.67±0.25 ^{***}	3.56±0.26	3.39±0.32 [*]
LVEDV (ul)	272.20±29.05	248.80±7.02	159.40±18.84 ^{***}	260.10±32.15	237.00±54.53
LVESV (ul)	60.15±11.05	111.40±18.51 ^{##}	43.03±8.68 ^{***}	74.01±10.62	56.47±13.57 ^{**}

225 ISO: isoproterenol-treated group; ISO + AE: ISO + aerobic exercise group. ISO + CA: ISO + canagliflozin. ISO
 226 + AE + CA: ISO + aerobic exercise + canagliflozin. LVPWd: left ventricular posterior wall thickness at end-
 227 diastole. LVPWs: left ventricular posterior wall thickness at end systole. LVAWd: left ventricular anterior wall
 228 diastole. LVAWs: left ventricular end systolic anterior wall thickness. LVIDd: left ventricular end-diastolic inner-
 229 dimension. LVIDs: left ventricular end-systolic inner-dimension. LVEDV: left ventricular end-diastolic volume.
 230 LVESV: left ventricular end-systolic volume. The results are expressed as mean ± SEM of n = 5 per group.
 231 Significance: # $P < 0.05$ vs. control group; ## $P < 0.01$ vs. control group; #### $P < 0.0001$ vs. control group; *
 232 $P < 0.05$ vs. ISO group; ** $P < 0.01$ vs. ISO group; *** $P < 0.001$ vs. ISO group. Data are represented as mean
 233 ±SEM.

234 3.2. Canagliflozin combined with aerobic exercise can improve ISO-induced ventricular 235 remodeling

236 We used HE and Masson trichrome staining to determine the effects of canagliflozin in
 237 conjunction with aerobic exercise on ISO-induced pathological morphology and collagen fiber
 238 deposition in rat hearts.

239 **Figure 2(A)** demonstrates that the cardiomyocytes in the ISO group were significantly
 240 sparse and hypertrophied, the myocardial fibers were broken and disorganized. With a
 241 relatively neat arrangement of myocardial fibers, the pathological histological changes of the
 242 rats in the ISO+AE+CA group were improved. As depicted in **Figure 2(B, F)**, Masson
 243 trichrome staining revealed that collagen fiber deposition was significantly elevated in the ISO
 244 group ($P < 0.0001$) compared to the control group. The deposition of collagen fibers was
 245 significantly reduced in the ISO+AE group ($P < 0.001$), the ISO+CA group ($P < 0.01$), and

246 the ISO+AE+CA group ($P < 0.0001$) compared to the ISO group. Intervention with
247 canagliflozin alone or combined with aerobic exercise therapy improved myocardial
248 pathological changes and decreased collagen fiber deposition.

249 To examine the potential modulating effect of canagliflozin combined with aerobic
250 exercise therapy on myocardial fibrosis, the immunohistochemical expression of the fibrosis
251 markers COL1, COL3 and FN1 was measured. As shown in **Figure 2(C, D, E)**, quantitative
252 image analysis revealed a significant increase in COL1 ($P < 0.0001$), COL3 ($P < 0.0001$) and
253 FN1 ($P < 0.05$) expression in the ISO group compared to the control group. Compared with the
254 ISO group, the expression of COL1, COL3 and FN1 in the ISO+AE group (COL1, $P < 0.01$;
255 COL3, $P < 0.01$; FN1, $P < 0.01$), ISO+CA group (COL1, $P < 0.001$; COL3, $P < 0.05$; FN1, P
256 < 0.05) and ISO+AE+CA group (COL1, $P < 0.001$; COL3, $P < 0.001$; FN1, $P < 0.05$) were
257 significantly reduced.

258 RT-PCR was used to confirm the differential expression of genes associated with fibrosis.
259 As shown in **Figure 2(G)**, The *mRNA* levels of COL1A1 ($P < 0.0001$), COL3A1 ($P < 0.01$)
260 and FN1 ($P < 0.001$) were significantly up-regulated in the ISO group compared with the
261 control group, whereas the expression of COL1A1, COL3A1 and FN1 genes were down-
262 regulated in the ISO+AE group (COL1A1, $P < 0.001$; COL3A1, $P < 0.001$; FN1 $P < 0.05$),
263 the ISO+CA group (COL1A1, $P < 0.001$; COL3A1, $P < 0.05$, FN1 < 0.05), and the
264 ISO+AE+CA group (COL1A1, $P < 0.0001$; COL3A1, $P < 0.0001$; FN1, $P < 0.01$), compared
265 with the ISO group. These results suggested that both canagliflozin intervention and combined
266 aerobic exercise training can reduce myocardial fibrosis.

267 **3.3. Canagliflozin combined with aerobic exercise attenuated ISO-induced CHF in rats**
268 **mainly by the retinol metabolism signaling pathway.**

269 The cardiac transcriptome of the control, ISO, ISO+CA and ISO+AE+CA groups were profiled

270 and qPCR was used to validate the sequencing data. We focused our analysis on the sequencing
271 results of the ISO group versus the Control group and ISO+AE+CA group versus the ISO group.
272 RNA-seq detected 18,713 genes in the apical tissue of the ISO groups and Control group, there
273 were 19,091 genes in the apical tissue of the canagliflozin combined with aerobic exercise
274 treatment and ISO groups, with 152 differentially expressed genes, including 51 up-regulated
275 and 101 down-regulated genes (**Figure 3**). From the PPI network, an MCODE module
276 consisting of 6 targets were identified, which may play more significant regulatory roles
277 (**Figure 4(A)**).

278 **Figure 4(B)** depicts the biological process items from the differentially expressed genes'
279 GO analysis. Down-regulated genes were associated with response to vitamin A, retinoic acid
280 metabolic process, positive regulation of icosanoid secretion and regulation of icosanoid
281 secretion. Up-regulated genes were predominantly involved in the collagen metabolic process,
282 response to organophosphorus, response to retinoic acid and diterpenoid metabolic process.
283 Most involved in the retinol metabolism, PI3K-Akt signaling pathway, AGE-RAGE signaling
284 pathway in diabetic complications and TNF signaling pathway, according to the KEGG
285 pathway enrichment analysis (**Figure 4(C)**). Intriguingly, the majority of the differentially
286 expressed genes were enriched in the retinol metabolism pathway, and the GO analysis also
287 included responses to vitamin A and the retinoic acid metabolic process. Therefore, we
288 hypothesized that the combination of canagliflozin and aerobic exercise could improve CHF
289 primarily via the retinol metabolism pathway.

290 Based on the results of the KEGG pathway enrichment analysis, a target pathway network
291 was constructed using Cytoscape 3.7.1 (**Figure 4(D)**). CYP4A3, CYP4A8, ALDH1A2,
292 CYP26B1, CYP1A1 and AOX1 in the protein functional module were enriched in the retinol
293 metabolic pathway, consequently, these six targets were deemed essential for further qPCR

294 validation. As shown in **Figure 5(A, B)**, relative to the control group, the *mRNA* levels of
295 CYP4A3 ($P < 0.05$), CYP4A8 ($P < 0.0001$) and AOX1 ($P < 0.0001$) in the ISO group were
296 significantly up-regulated, while ALDH1A2 ($P < 0.01$), CYP26B1 ($P < 0.05$) and CYP1A1 (P
297 < 0.01) were significantly down-regulated. By treating with canagliflozin alone (CYP4A3, P
298 < 0.05 ; CYP4A8, $P < 0.0001$), aerobic exercise alone (CYP4A3, $P < 0.05$; CYP4A8, $P < 0.001$),
299 or in combination with aerobic exercise (CYP4A3, $P < 0.0001$; CYP4A8, $P < 0.0001$), the
300 *mRNA* levels of CYP4A3 and CYP4A8 were significantly down. In addition, canagliflozin
301 combined with aerobic exercise significantly upregulated the levels of ALDH1A2 ($P < 0.001$),
302 CYP1A1 ($P < 0.05$) and CYP26B1 ($P < 0.001$). As expected, the qPCR results were largely
303 congruent with those of RNA-seq, demonstrating the precision of the high-throughput RNA-
304 seq results.

305 **Canagliflozin combined with aerobic exercise exerted the protective effect against CHF**
306 **by Inhibiting the activation of the AKT/ERK signaling pathway**

307 AKT/ERK signaling pathways that are activated can exacerbate myocardial fibrosis²⁹⁻³¹. Our
308 preliminary sequencing results indicated that the biological process analysis of the down-
309 regulated genes includes components that regulate the activity of protein kinase. To determine
310 whether the activation was inhibited by the combination of canagliflozin and aerobic exercise,
311 the phosphorylation status of the AKT and ERK signaling pathway was determined using
312 Western blotting. The basal levels of AKT and ERK1/2 did not differ significantly between
313 groups. However, compared to the control group, the p-AKT/AKT ratio ($P < 0.0001$) and p-
314 ERK1/2/ERK1/2 ratio ($P < 0.0001$) were elevated in the ISO group indicating that ISO
315 stimulation activated the AKT/ERK signaling pathway in rats. Compared to the ISO group, the
316 p-AKT/AKT ratio and the p-ERK1/2/ERK1/2 ratio were significantly decreased in the
317 ISO+CA group (p-AKT/AKT, $P < 0.01$; p-ERK1/2/ERK1/2, $P < 0.001$), ISO+AE group (p-

318 AKT/AKT, $P < 0.01$; p-ERK1/2/ERK1/2, $P < 0.001$) and a combination of both (p-AKT/AKT,
319 $P < 0.0001$; p-ERK1/2/ERK1/2, $P < 0.001$). These findings supported the conclusion that
320 canagliflozin treatment alone or in conjunction with aerobic exercise may be cardioprotective
321 by inhibiting AKT/ERK pathway activation (**Figure 6**).

322 **Discussion**

323 CHF is a complex end-stage of multiple cardiovascular diseases caused by diastolic or systolic
324 heart dysfunction³². Given that the pathogenesis of CHF is associated with a variety of factors,
325 including neurohormonal activation, ventricular remodeling, and disturbances in energy
326 metabolism², multi-target and multi-pathway therapy may be more effective for the treatment
327 of CHF. In the present study, we first confirmed that canagliflozin combined with aerobic
328 exercise treatment could improve cardiac function and myocardial fibrosis. Incorporating
329 network pharmacology and whole-transcriptome sequencing, we found that canagliflozin
330 combined with aerobic exercise exerts a protective effect in rats with CHF primarily by
331 modulating the retinol metabolic pathway. The levels of ALDH1A2, CYP26B1 and CYP1A1
332 on this pathway were significantly up-regulated, while the levels of CYP4A3 and CYP4A8
333 were down-regulated. In addition, in vivo validation experiments have further demonstrated
334 the cardioprotective effect of canagliflozin in combination with aerobic exercise by inhibiting
335 the activation of AKT/ERK pathways.

336 Accumulating evidence indicates that pharmacological targeting of the energy metabolic
337 pathways has emerged as a novel therapeutic approach for enhancing cardiac function in a
338 failing heart³³. Vitamin A (retinol) and its derivatives regulate fundamental biological processes
339 such as development, differentiation, and metabolism³⁴, and lipid metabolism was significantly
340 altered in the hearts of retinol-deficient rats. Retinol deprivation is associated with a high level
341 of PPAR expression⁶. PPARs play a crucial role in fatty acid metabolism in the heart and are

342 implicated in the pathogenesis of cardiac hypertrophy and HF. Retinoic acid (RA) is a retinoid
343 derivative that inhibits the progression of myocardial remodeling by modulating the expression
344 of components of the renin-angiotensin system, thereby controlling left ventricular hypertrophy
345 and fibrosis^{35,36}. ALDH1A2 is the primary form of RALDHs involved in early embryonic and
346 cardiac development³⁷. ALDH1A2 encodes retinal dehydrogenase type 2, which is required for
347 the conversion of dietary retinol to retinoic acid³⁸. In cells, retinol is initially reversibly
348 oxidized to retinal³⁹, and then retinal is irreversibly converted to retinoic acid. In the GO
349 analysis, responses to retinoic acid and vitamin A were also mentioned. Thus, the retinol
350 metabolic pathway may be critical for the regulation of cardiac energy metabolism in CHF rats
351 when canagliflozin and aerobic exercise are intervened simultaneously.

352 In this study, the key retinol metabolic pathway indicators CYP4A3, CYP4A8, CYP26B1
353 and CYP1A1 are members of the cytochrome The cytochrome P450 (P450) family. It is well
354 established that P450 ω -hydroxylases, particularly CYP4A, are involved in Cardiovascular
355 diseases (CVD)⁴⁰. In failing and hypertrophied hearts, CYP4A subfamily expression was found
356 to be upregulated⁴¹. Previous research has demonstrated that sustained ISO stimulation of
357 cardiomyocytes increases the expression of CYP4A3, a major CYP450 ω -hydroxylase that
358 generates 20-hydroxyeicosatetraenoic acid (20-HETE) in a time-dependent manner with
359 adverse cardiovascular effects.⁴⁰ Inhibition of CYP450 ω -hydroxylase decreased 20-HETE
360 production, protecting cells from ISO-induced apoptosis⁴². Consistent with previous findings,
361 the present study indicates that canagliflozin in combination with aerobic exercise significantly
362 decreased the levels of CYP4A3 and CYP4A8, leading to improvement in heart failure.

363 The fibrotic response of the heart is a dynamic process in which transforming growth
364 factor- β (TGF- β 1) is upregulated and activate downstream signals, including AKT and
365 ERK^{29,43}. And the PI3K-Akt signaling pathway was downstream of TGF- β 1, which

366 significantly stimulated PI3K-Akt signaling pathway activity in cardiac fibroblasts⁴³. PI3K is
367 an enzyme that can be activated and catalyze the conversion of phosphatidylinositol
368 diphosphate (PIP2) in the cell membrane to phosphatidylinositol triphosphate (PIP3). AKT is
369 an important cell signaling protein, which is activated by binding to PIP3⁴⁴. Activated AKT
370 further regulates various biological processes, including cell growth, survival, and metabolism.
371 ERK is another important signaling protein. It is a member of the mitogen-activated protein
372 kinase (MAPK) family, involved in the regulation of cell proliferation, differentiation and
373 survival⁴⁵. TGF- β 1 is a cytokine that plays an important role in cell growth, differentiation,
374 migration, and matrix synthesis⁴⁶. TGF- β 1 signaling mainly conducts signals by binding to
375 TGF- β receptors on the cell surface and activating Smad proteins. Activated Smad proteins
376 further regulate gene transcription and cellular function. In cell signaling, the PI3K / AKT-ERK
377 signaling pathway and the TGF- β 1 signaling pathway can interact. It was shown that PI3K /
378 AKT signaling can promote the production and release of TGF- β 1, while also modulate the
379 activation and effects of TGF- β 1 signaling⁴⁷. Moreover, TGF- β 1 signaling can also affect cell
380 growth and survival by regulating the activation of the PI3K / AKT-ERK signaling pathway⁴⁸.
381 Li *et al.* discovered that inhibiting AKT/ERK signaling pathways could ameliorate ISO-
382 induced myocardial fibrosis in mice^{29,49,50}. Activation of ERK signaling has been shown to
383 induce cardiac hypertrophy, whereas inhibition of ERK consistently reduces cardiac
384 hypertrophy and fibrosis⁵¹. Consistent with previous research, we found that the combination
385 of canagliflozin and aerobic exercise significantly decreased the *mRNA* levels of COL1A1,
386 COL3A1, and FN1 and inhibited AKT and ERK phosphorylation. These results suggest that
387 inhibiting the AKT/ERK signaling pathway can ameliorate myocardial fibrosis in rats with ISO.

388 **Conclusions**

389 This study demonstrated that the combination of canagliflozin and aerobic exercise can reduce
390 fibrosis and improve cardiac function by regulating retinol metabolism and the AKT/ERK
391 signaling pathway, thereby exerting a significant protective effect against the development of
392 CHF. Our results provide a rational basis for future clinical studies of canagliflozin in non-
393 diabetic kidney disease. Further understanding of the mechanism of canagliflozin regulation
394 has clinical relevance and provides important insights into the cardio-protective actions of
395 canagliflozin (**Figure 7**).

396 **Clinical Perspective**

397 1. Chronic heart failure, the most prevalent form of cardiovascular illness, is a global health
398 issue. Canagliflozin treatment significantly reduced the risk of cardiovascular death,
399 myocardial infarction and hospitalization for HF in both diabetic and non-diabetic subjects.
400 Heart Failure Guidelines highlight the combination of prescribed medications (SGLT-2
401 inhibitors) and nonpharmacological therapy for the treatment of CHF. Canagliflozin combined
402 with aerobic exercise may be more beneficial in treating CHF, but the particular effect and
403 molecular mechanism remain unknown.

404 2. The combination of canagliflozin and aerobic exercise can reduce fibrosis and improve
405 cardiac function by regulating retinol metabolism and the AKT/ERK signalling pathway,
406 thereby exerting a significant protective effect against the development of CHF.

407 3. Our results provide a rational basis for future clinical studies of canagliflozin in non-diabetic
408 kidney disease. Further understanding of the mechanism of canagliflozin regulation has clinical
409 relevance and provides important insights into the cardio-protective actions of canagliflozin.

410 **Limitations of the study**

411 Although this study provides an in-depth study of the protective role of canagliflozin combined
412 with aerobic exercise in the development of heart failure, there are several limitations. This
413 study used a mouse model, so the findings may not be directly applicable to humans. Further
414 clinical studies and human trials are still necessary to verify the efficacy and safety of this
415 combination therapy in human patients.

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425 **Author Contributions**

426 ZZW and YSH contributed to study conception and preparation of the manuscript. FH, YZD
427 and WXY contributed to study conception and design, SHL and DBY drafted the manuscript
428 and gave final approval of the version to be sent.

429 **Conflicts of Interest**

430 The authors declare that they have no conflict of interest.

431 **Resource availability**

432 **Lead contact** Further information and requests for resources and reagents should be directed
433 to and will be fulfilled by the lead contact, Zhongwen Zhang (zhangzhongwen@sdu.edu.cn)

434 **Material availability** This study did not generate any new unique reagents.

435 **Data availability** All relevant data for this study are available from the corresponding authors
436 (accession number GSE225149). This paper does not report original code. Any additional
437 information required to reanalyze the data reported in this paper is available from the lead
438 contact upon request. The data used to support the findings of this study are available from the
439 corresponding author upon request.

440 FIGURE 1. Effects of canagliflozin combined with aerobic exercise on echocardiographic variables in rats induced
441 by ISO. (A) The representative images of echocardiography in different groups. (B) The quantitative results of
442 echocardiography. (C) The expression level of NT-pro BNP. Data are shown as the mean \pm SEM of $n = 5$ per
443 group. Significance: ### $P < 0.001$ vs. control group; #### $P < 0.0001$ vs. control group; * $P < 0.05$ vs. ISO
444 group; ** $P < 0.01$ vs. ISO group. ISO, isoproterenol-treated group; ISO + AE, ISO + aerobic exercise group.
445 ISO + CA, ISO + canagliflozin; ISO + AE + CA, ISO + aerobic exercise + canagliflozin; LVEF, left ventricular
446 ejection fraction; LVFS, left ventricular fractional shortening; NT-pro BNP, N-terminal pro-B-type natriuretic
447 peptide. Data are represented as mean \pm SEM.

448 FIGURE 2. Effects of canagliflozin combined with aerobic exercise on ventricular remodelling in rat heart tissue.
449 (A) Representative images of HE staining of left ventricular tissue in different groups (Microscope magnification
450 10X, scale bar indicates 200 μ m; Microscope magnification 40X, scale bar indicates 50 μ m). (B) Representative
451 images of Masson trichrome staining of left ventricular tissue in different groups, (Microscope magnification 10X,
452 scale bar indicates 200 μ m; Microscope magnification 40X, scale bar indicates 50 μ m). (C-E)
453 Immunohistochemical analysis of collagen I, collagen III and fibronectin protein in heart cross sections of
454 different groups (Microscope magnification 40X, scale bar indicates 50 μ m). (F) The quantitative analysis of
455 collagen deposition and percentage area of collagen I, collagen III and fibronectin. (G) The gene expression levels
456 of COL1A1, COL3A1 and FN1 were detected by qPCR. The internal reference was β -actin. Data are shown as
457 the mean \pm SEM of $n = 5-6$ per group. Significance: ### $P < 0.001$ vs. control group; #### $P < 0.0001$ vs. control
458 group; *** $P < 0.001$ vs. ISO group; **** $P < 0.0001$ vs. ISO group. ISO, isoproterenol-treated group; ISO +
459 AE, ISO + aerobic exercise group; ISO + CA, ISO + canagliflozin; ISO + AE + CA, ISO + aerobic exercise +
460 canagliflozin; HE, hematoxylin-eosin; COL1, Collagen I; COL3, Collagen III; FN1, fibronectin. Data are
461 represented as mean \pm SEM.

462 FIGURE 3. RNA-seq was performed to detect genome-wide transcriptomes and identify differentially expressed
463 genes. (A) Volcano plot of differential genes from the ISO group and the Control group identified through RNA-
464 seq. The abscissa is \log_2 (fold change), and the vertical coordinate is the negative logarithm of the value of Q
465 with a base of 10, i.e. $-\log_{10}(Q)$. The larger the value, the more significant the difference. (B) Scatter plot of
466 differential genes. The horizontal and vertical coordinates represent the samples from the ISO group and the
467 ISO+AE+CA group, respectively. The red indicates the up-regulated differential genes in the ISO+AE+CA group
468 relative to the ISO group and the blue indicates the down-regulated differential genes in the AE+CA group relative
469 to the ISO group, and the grey indicates genes that are not different between the two groups. (C) Venn diagram.
470 The orange section indicates differential genes from the ISO group and the Control group targets, and the green
471 section indicates differential the ISO group and the ISO+AE+CA group targets. One hundred and fifty-two targets
472 in the middle overlapping section are common targets. (D) Histogram of differential genes. (E) Heat map of
473 differential genes. Each row represents a differential gene, each column represents the same rat sample, and each
474 group has 3 replicates.

475 FIGURE 4. Enrichment analysis of the targets of canagliflozin combined with aerobic exercise in treating CHF.
476 (A) PPI network. A total of 120 target proteins and 258 interacting edges are in the network. The sizes and colours
477 of the nodes are illustrated from big to small and blue to green in descending order of degree values. (B) GO
478 functional analysis. Biological process items in GO analysis enriched for up-regulated and down-regulated genes
479 respectively. (C) KEGG pathway enrichment analysis. The sizes of the bubbles were illustrated from big to small
480 in descending order of the number of potential targets involved in the pathways. (D) Target-pathway network. A
481 total of 36 nodes and 54 edges are in the network. The middle square nodes represent targets on the pathway, the
482 red nodes represent key targets, and 12 blue V-shapes represent pathways. The sizes of the square node were
483 illustrated from big to small in descending order of degree values. 54 edges represent the interaction relationship
484 between components, targets, and pathways. CHF, chronic heart failure; PPI, protein-protein interaction; GO,
485 Gene Ontology; KEGG, Kyoto Encyclopaedia of Genes and Genomes.

486 FIGURE 5. Effects of canagliflozin combined with aerobic exercise on retinol metabolic pathways and indicators
487 of fibrosis. (A) The gene expression levels of CYP4A3, CYP4A8 and CYP1A1 were detected by transcriptome
488 sequencing and qPCR. The internal reference was β -actin. (B) The gene expression levels of CYP26B1,
489 ALDH1A2 and AOX1 were detected by transcriptome sequencing and qPCR. The internal reference was β -actin.
490 Data are shown as the mean \pm SEM of $n = 6$ per group. Significance: # $P < 0.05$ vs. control group; ## $P < 0.01$

491 vs. control group; ##### $P < 0.0001$ vs. control group; * $P < 0.05$ vs. ISO group; ** $P < 0.01$ vs. ISO group; ***
 492 $P < 0.001$ vs. ISO group; **** $P < 0.0001$ vs. ISO group. ISO, isoproterenol-treated group; ISO + AE, ISO +
 493 aerobic exercise group; ISO + CA, ISO + canagliflozin; ISO + AE + CA, ISO + aerobic exercise + canagliflozin;
 494 ELISA, enzyme linked immunosorbent assay; qPCR, reverse transcription-polymerase chain reaction. Data are
 495 represented as mean \pm SEM.

496 FIGURE 6. Effects of canagliflozin combined with aerobic exercise on the AKT/ERK signalling pathway in rats.
 497 The protein expression levels of AKT, p-AKT, ERK1/2 and p-ERK1/2 were determined by western blot. (A) The
 498 protein expression levels of AKT, p-AKT, ERK1/2 and p-ERK1/2 in heart tissues, and β -tubulin was used as the
 499 internal standard. (B) The quantitative results were calculated by Image Lab software. Data are shown as the mean
 500 \pm SEM of $n = 3$ per group. Significance: ## $P < 0.01$ vs. control group; ### $P < 0.001$ vs. control group; * $P <$
 501 0.05 vs. ISO group; ** $P < 0.01$ vs. ISO group; *** $P < 0.001$ vs. ISO group; **** $P < 0.0001$ vs. ISO group.
 502 ISO, isoproterenol-treated group; ISO + AE, ISO + aerobic exercise group; ISO + CA, ISO + canagliflozin; ISO
 503 + AE + CA, ISO + aerobic exercise + canagliflozin; p-AKT, phosphorylated AKT; p-ERK1/2, phosphorylated
 504 ERK1/2. Data are represented as mean \pm SEM.

505 FIGURE 7. The mechanism of aerobic exercise combined with canagliflozin therapy against ISO-induced CHF.
 506 Canagliflozin combined with aerobic exercise therapy modulates protein kinase activity. The combination therapy
 507 inhibited the activation of AKT/ERK signaling pathway, thereby improving myocardial fibrosis. Canagliflozin
 508 combined with aerobic exercise improved cardiac energy metabolism in CHF rats mainly through the retinol
 509 metabolic pathway. The combination significantly upregulated CYP1A1 levels to promote the conversion of
 510 retinol to retinoic acid, and it also improved myocardial fibrosis by regulating ALDH1A2 and CYP26B1 to
 511 maintain retinoic acid homeostasis. Meanwhile, the combination treatment reduced heart failure by
 512 downregulating CYP4A3 and CYP4A8 levels to reduce the production of 20-hydroxyeicosatetraenoic acid.

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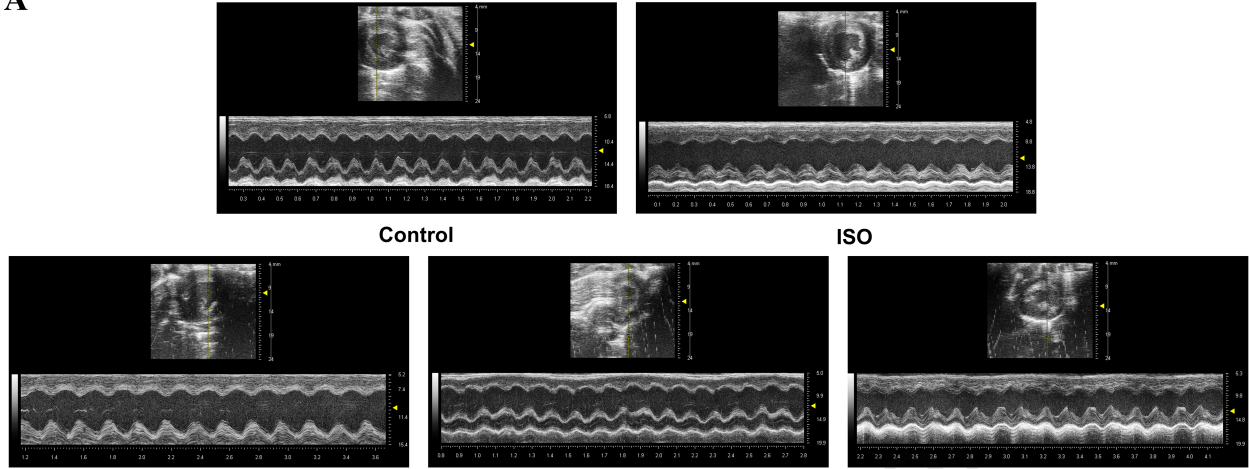
680

TABLE 1. Canagliflozin combined with aerobic exercise improved left ventricular function in ISO-induced rats.

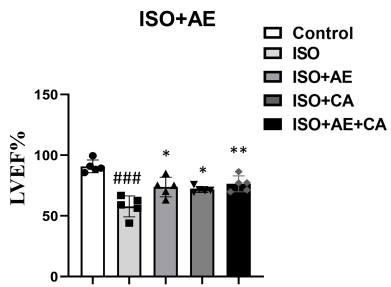
Group	Control	ISO	ISO+AE	ISO+CA	ISO+CA+AE
LVPWd (mm)	2.64±0.47	2.33±0.12	2.42±0.26	2.28±0.16	2.46±0.17
LVPWs (mm)	3.31±0.35	3.35±0.26	3.56±0.35	3.76±0.17	3.92±0.23
LVAWd (mm)	2.74±0.22	2.05±0.21	2.23±0.13	2.17±0.15	2.49±0.20
LVAWs (mm)	4.04±0.06	2.71±0.20 ^{##}	3.14±0.24	2.99±0.10	3.21±0.32
LVIDd (mm)	7.11±0.31	6.73±0.04	6.09±0.30	7.01±0.39	6.64±0.61
LVIDs (mm)	2.86±0.38	4.16±0.28 ^{##}	2.67±0.25 ^{***}	3.56±0.26	3.39±0.32 [*]
LVEDV (ul)	272.20±29.05	248.80±7.02	159.40±18.84 ^{***}	260.10±32.15	237.00±54.53
LVESV (ul)	60.15±11.05	111.40±18.51 ^{##}	43.03±8.68 ^{***}	74.01±10.62	56.47±13.57 ^{**}

ISO: isoproterenol-treated group; ISO + AE: ISO + aerobic exercise group. ISO + CA: ISO + canagliflozin. ISO + AE + CA: ISO + aerobic exercise + canagliflozin. LVPWd: left ventricular posterior wall thickness at end-diastole. LVPWs: left ventricular posterior wall thickness at end systole. LVAWd: left ventricular anterior wall diastole. LVAWs: left ventricular end systolic anterior wall thickness. LVIDd: left ventricular end-diastolic inner-dimension. LVIDs: left ventricular end-systolic inner-dimension. LVEDV: left ventricular end-diastolic volume. LVESV: left ventricular end-systolic volume. The results are expressed as mean ± SEM of n = 5 per group. Significance: # $P < 0.05$ vs. control group; ## $P < 0.01$ vs. control group; ### $P < 0.0001$ vs. control group; * $P < 0.05$ vs. ISO group; ** $P < 0.01$ vs. ISO group; *** $P < 0.001$ vs. ISO group. Data are represented as mean ± SEM.

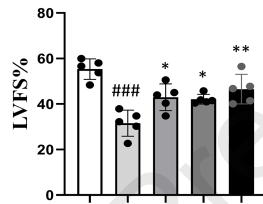
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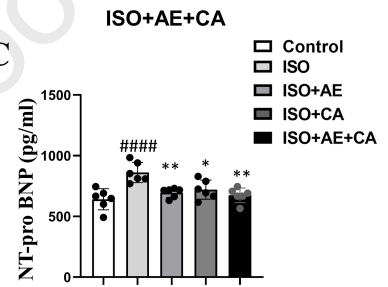
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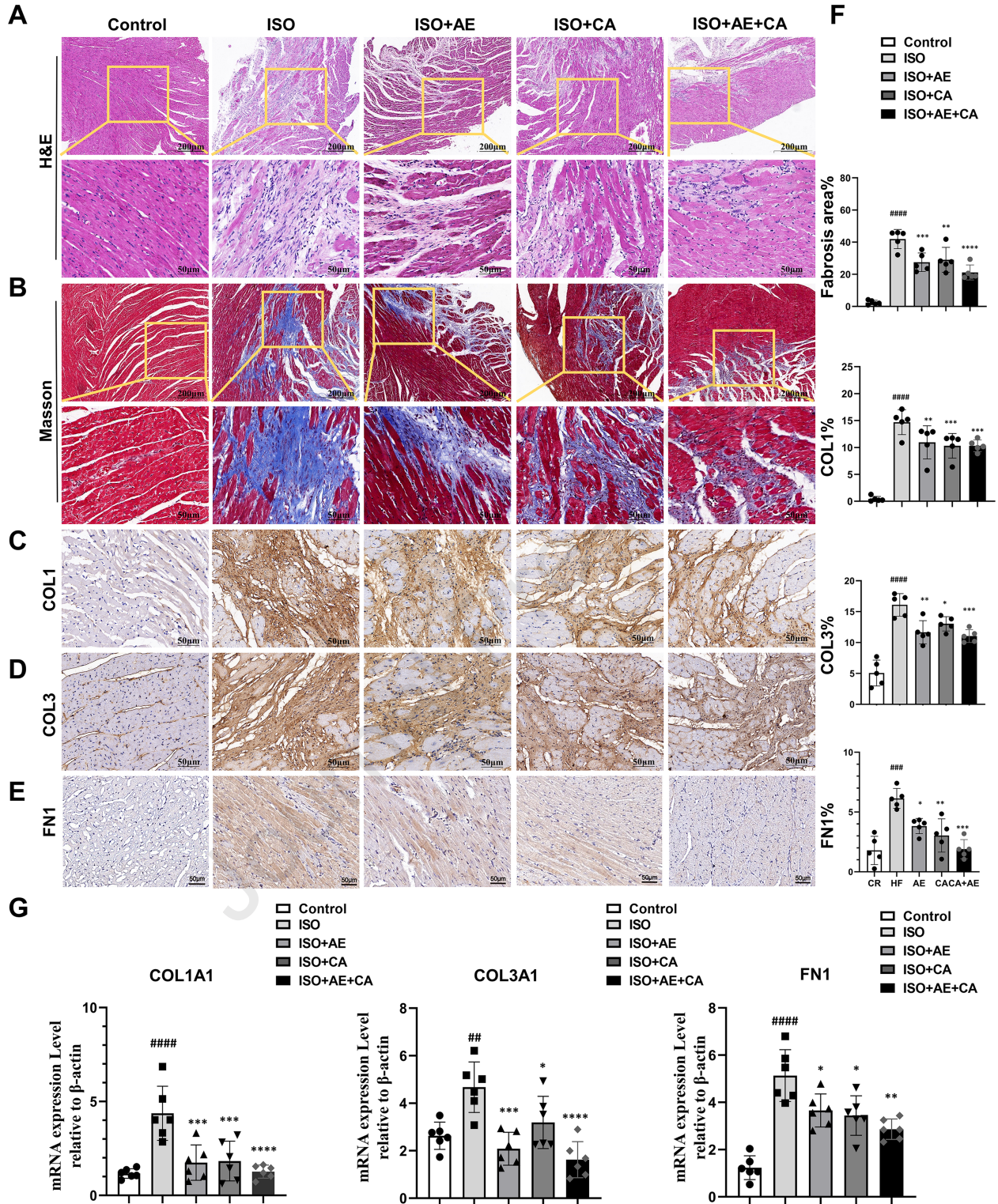


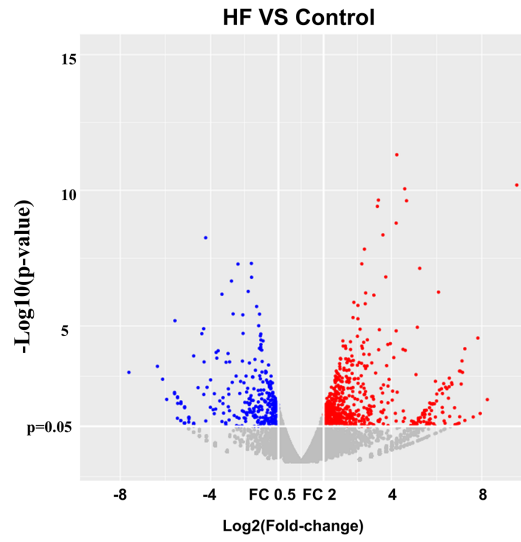
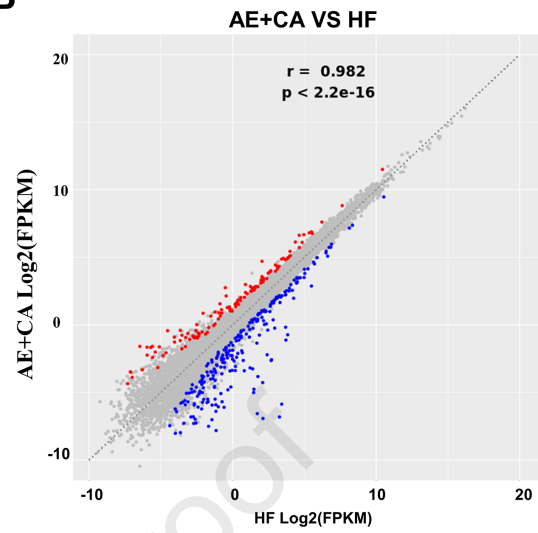
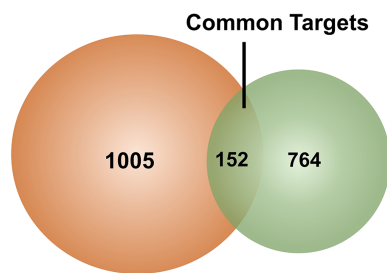
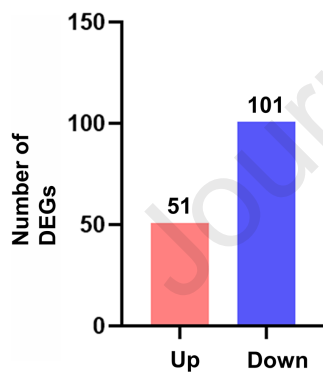
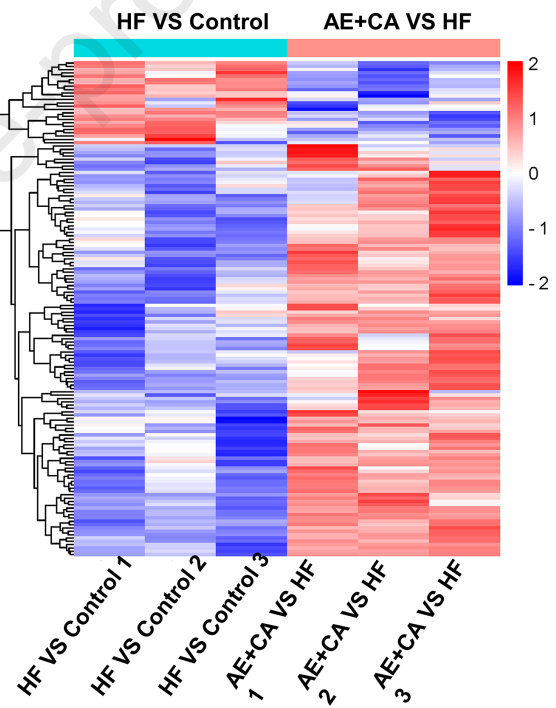
ISO+CA



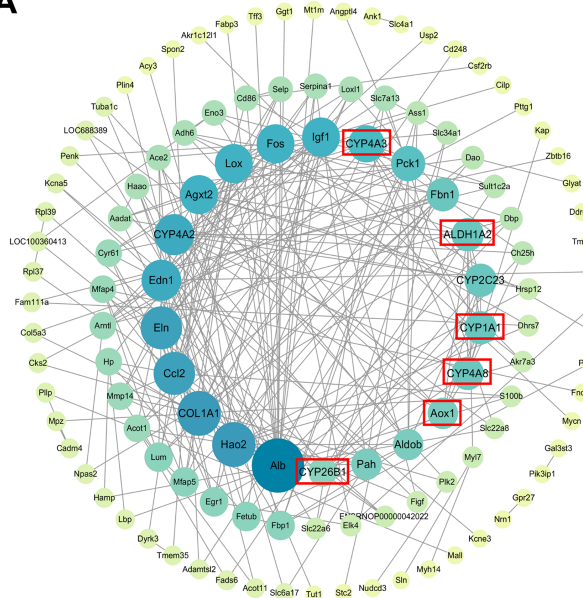
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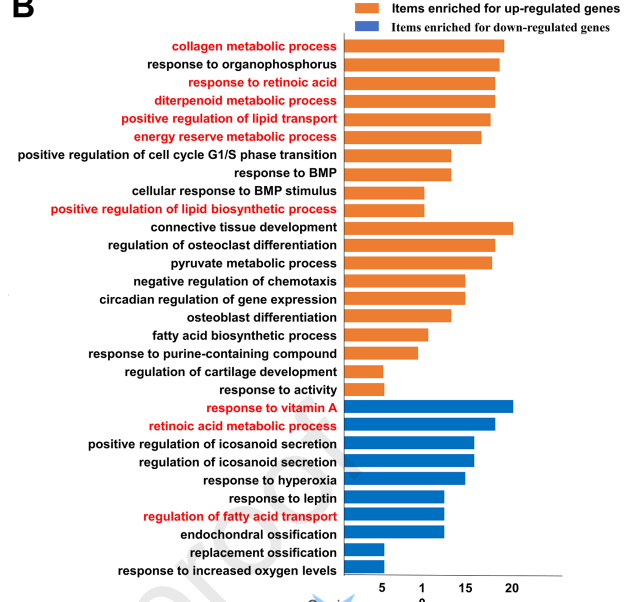


A**B****C****D****E**

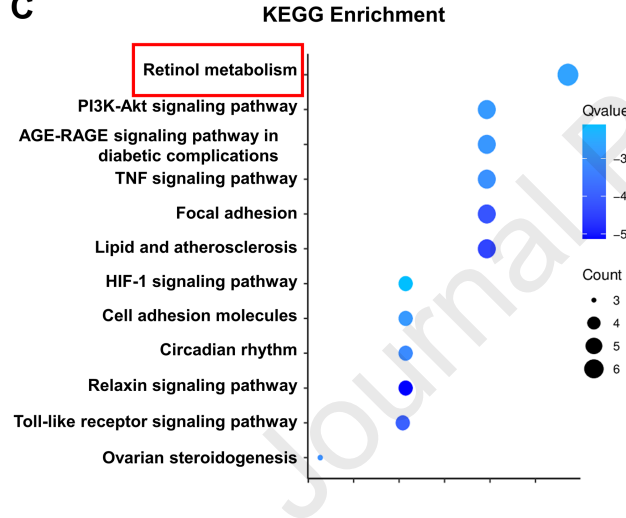
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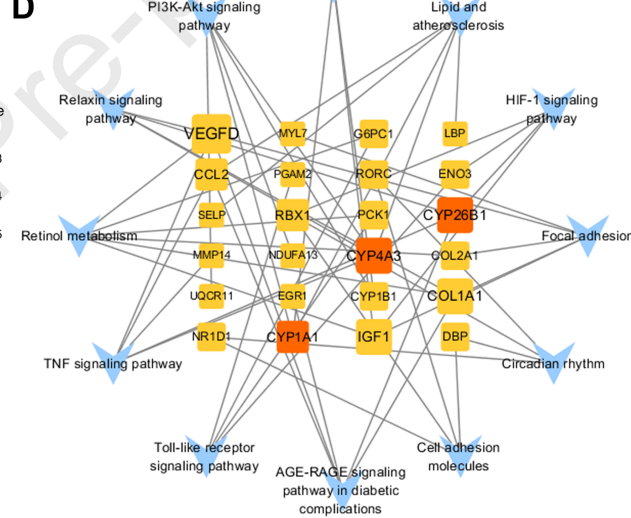
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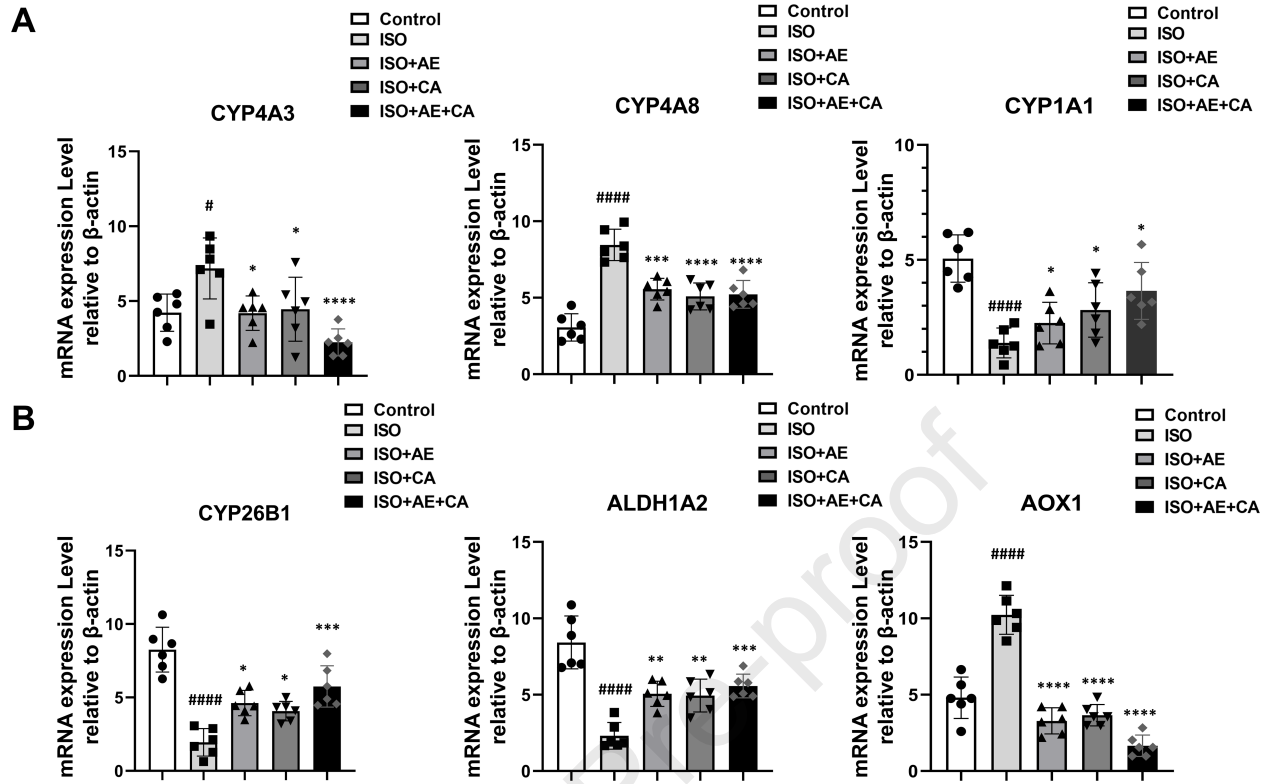


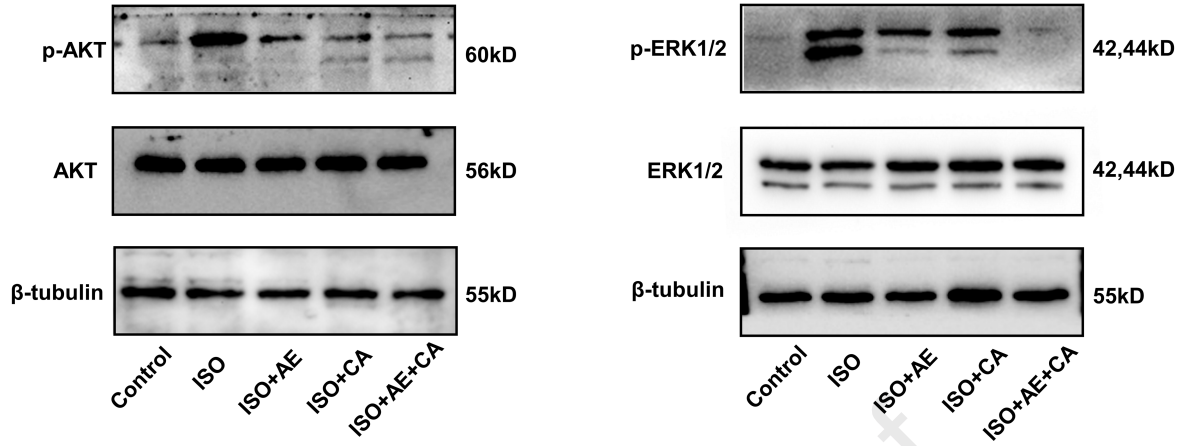
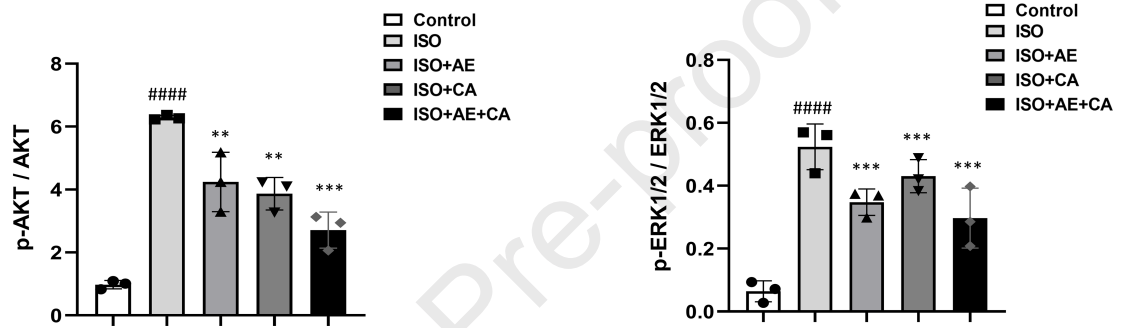
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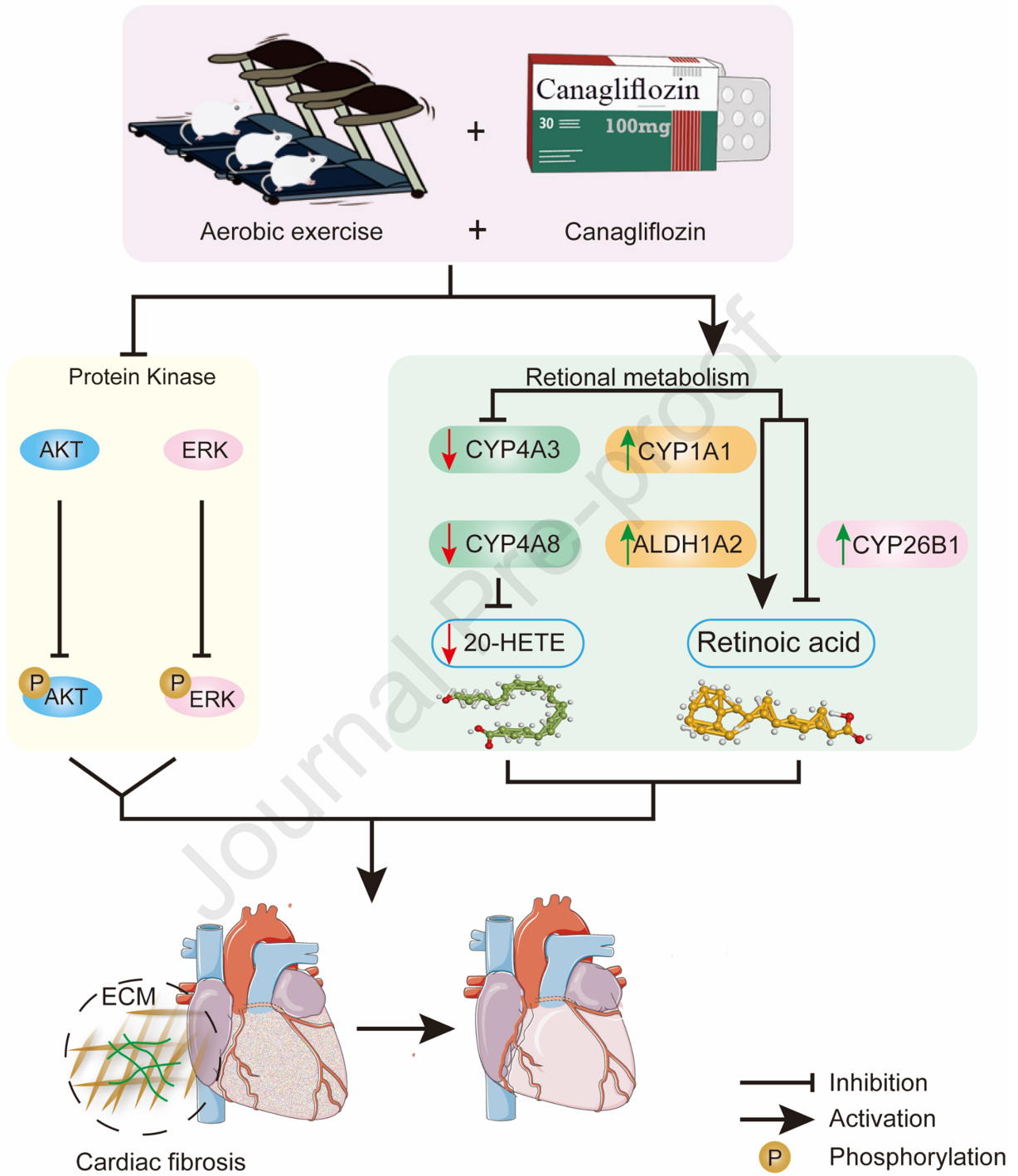


D





A**B**



Please format the Highlights as per our guide to the authors. Highlights are bullet points that convey the core findings of your paper. You may include up to four highlights. The length of each highlight cannot exceed 85 characters (including spaces). On the EM page where you are asked to upload your files, please choose "Highlights" and upload as a Word document.

- (1) Canagliflozin combined with aerobic exercise improve chronic heart failure.
- (2) Canagliflozin combined with aerobic exercise reduces myocardial fibrosis.
- (3) Canagliflozin combined with aerobic exercise inhibits the AKT/ERK signaling pathway.
- (4) The retinol metabolism signaling pathway plays a role in chronic heart failure.

Journal Pre-proof

KEY RESOURCES TABLE

The table highlights the reagents, genetically modified organisms and strains, cell lines, software, instrumentation, and source data **essential** to reproduce results presented in the manuscript. Depending on the nature of the study, this may include standard laboratory materials (i.e., food chow for metabolism studies, support material for catalysis studies), but the table is **not** meant to be a comprehensive list of all materials and resources used (e.g., essential chemicals such as standard solvents, SDS, sucrose, or standard culture media do not need to be listed in the table). **However, please note that items in the table must also be reported in the method details section within the context of their use.**

ALL references cited in the key resources table must be included in the main references list.

Citations should be formatted as “Author name et al.[#]” (e.g., Smith et al.¹), with the citation number matching that in the main references list.

Please report the information as follows:

- **REAGENT or RESOURCE:** Provide the full descriptive name of the item so that it can be identified and linked with its description in the manuscript (e.g., provide version number for software, host source for antibody, strain name). See the [sample tables](#) at the end of this document for examples of how to report reagents.
 - In the **experimental models sections** (applicable only to experimental life science studies), please include all models used in the paper and describe each line/strain as model organism: name used for strain/line in paper: genotype (e.g., Mouse: OXTR^{fl/fl}; B6.129(SJL)-Oxtr^{tm1.1Wsy/J}).
 - The **Biological samples section** (applicable only to experimental life science studies) should list all samples obtained in this study or from commercial sources or biological repositories.
 - **You may list a maximum of 10 oligonucleotides or RNA sequences** in the table. If there are more than 10 to report, please provide this information as a supplemental document and reference the file (e.g., See Table S1 for XX) in the key resources table.
 - **Deposited data** should include both newly deposited data from this manuscript and existing datasets that were used in the manuscript.
 - Please include software and code mentioned in the method details or data and code availability section under **software and algorithms**.
 - Any item that does not fit the existing subheadings should be added to the “other” section. **Please do not add your own subheadings.**
- **SOURCE:** Report the company, manufacturer, or individual that provided the item or where the item can be obtained (e.g., stock center or repository).
 - For materials distributed by Addgene, please cite the article describing the plasmid and include “Addgene” as part of the identifier.
 - If an item is from another lab, please include the name of the principal investigator and a citation if it has been previously published.
 - If the material is being reported for the first time in the current paper, please indicate as “this paper.”
 - For software, please provide the company name if it is commercially available or cite the paper in which it has been initially described.
- **IDENTIFIER:** Include catalog numbers (entered in the column as “Cat#” followed by the number, e.g., Cat#3879S). Where available, please include unique entities such as [RRIDs](#), Model Organism Database numbers, and accession numbers preceded by database abbreviations such as PDB or

CCDC). Please ensure the accuracy of the identifiers, as they are essential for generation of hyperlinks to external sources when available. For more information about data sharing policies and a list of recommended data repositories for abbreviations, please see the Cell Press [Author's guide to data sharing](#).

- For antibodies, if applicable and available, please also include the lot number or clone identity.
- For software or data resources, please include the URL where the resource can be downloaded.
- When listing more than one identifier for the same item, use semicolons to separate them (e.g., Cat#3879S; RRID: AB_2255011).
- If an identifier is not available, please enter “N/A” in the column.
- **A NOTE ABOUT RRIDs:** we highly recommend using RRIDs as the identifier (in particular for antibodies and organisms but also for software tools and databases). For more details on how to obtain or generate an RRID for existing or newly generated resources, please [visit the RII](#) or [search for RRIDs](#).

Please use the [empty table that follows](#) to organize the information under the provided subheadings and skip sections that are not relevant to your study. To add a row, place the cursor at the end of the row above where you would like to add the row, just outside the right border of the table. Then press the ENTER key to add the row. Alternatively, you can right-click on your mouse and choose Insert > Insert rows above or Insert rows below. Please delete empty rows. Each entry must be on a separate row; do not list multiple items in a single table cell. Please see the [sample tables](#) at the end of this document for relevant examples in the life and physical sciences of how reagents and instrumentation should be cited.

TABLE FOR AUTHOR TO COMPLETE

Please do not add custom subheadings. If you wish to make an entry that does not fall into one of the subheadings below, please contact your handling editor or add it under the "other" subheading. ***Any subheadings not relevant to your study can be skipped.*** (NOTE: references should be in numbered style, e.g., Smith et al.¹)

Key resources table

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
β -tubulin	Proteintech	10068-1-AP
AKT	Abcam	cat. no. ab32505
phosphorylated AKT	Abcam	cat. no. ab192623
ERK1/2	Abcam	cat. no. ab184699
phosphorylated ERK1/2	Abcam	cat. no. ab201015;
Bacterial and virus strains		
Biological samples		
heart tissue (rat)	This paper	N/A
Chemicals, peptides, and recombinant proteins		
Critical commercial assays		
Deposited data		
Experimental models: Cell lines		

Experimental models: Organisms/strains		
Mouse: Male Sprague Dawley (SD)	Beijing Weitong 99 Lihua Laboratory Animal Technology Co., Ltd.	002
Oligonucleotides		
R-COL1A1-S		CCCAGCGGTGGTT ATGACTT
R-COL1A1-A		TCGATCCAGTACT CTCCGCT
R-COL3A1-S		CGAGGTAACAGAG GTGAAAGAGG
R-COL3A1-A		TTTCACCTCCAAC TCCAGCAAT
R-FN1-S		AAACCTCTACGGG TCGCTG
R-FNI-A		GCGCTGGTGGTG AAGTCAA
R-CYP1A1-S		GACATTTGAGAAG GGCCACATC
R-CYP1A1-A		GGTTGGTTACCAG GTACATGAGG
R-CYP2C23-S		AGAACTTGGCTGT CTGTGGGTC
R-CYP2C23-A		TCGGTATAAGGCA GCTTCATCT
R-ALDH1A2-S		TGGACGCTTCTGA AAGAGGAC
R-ALDH1A2-A		GGCTTACCGCCAT TTAGTGATT
R-CYP4A8-S		CAGCACCGACGAA TGTTGACT
R-CYP4A8-A		AACTGGACACTGC CCTCTTGG
R-CYP4A3-S		TGCTCAGTCTATTT CTGGTGCTG
R-CYP4A3-A		CCACGTAAGAACC TGCTGGAAT
R-CYP26B1-S		AGAGCTGCAAGCT GCCTATCC
R-CYP26B1-A		CTGGTGTTGCCCC AGTAGGAT
RB-ACTINS		TGCTATGTTGCCC TAGACTTCG

RB-ACTIN-A		GTTGGCATAGAGG TCTTTACGG
Recombinant DNA		
Software and algorithms		
ImageJ	National Institutes of Health	https://imagej.nih.gov/ij/
Cytoscape	Bloomage Biotechnol Corporation	3.7.1
GraphPad Prism 8	GraphPad	N/A
Other		

SAMPLE TABLES FOR AUTHOR REFERENCE

LIFE SCIENCES

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Rabbit monoclonal anti-Snail	Cell Signaling Technology	Cat#3879S; RRID: AB_2255011
Mouse monoclonal anti-Tubulin (clone DM1A)	Sigma-Aldrich	Cat#T9026; RRID: AB_477593
Rabbit polyclonal anti-BMAL1	This paper	N/A
Bacterial and virus strains		
pAAV-hSyn-DIO-hM3D(Gq)-mCherry	Krashes et al. ¹	Addgene AAV5; 44361-AAV5
AAV5-EF1a-DIO-hChR2(H134R)-EYFP	Hope Center Viral Vectors Core	N/A
Cowpox virus Brighton Red	BEI Resources	NR-88
Zika-SMGC-1, GENBANK: KX266255	Isolated from patient (Wang et al. ²)	N/A
<i>Staphylococcus aureus</i>	ATCC	ATCC 29213
<i>Streptococcus pyogenes</i> : M1 serotype strain: strain SF370; M1 GAS	ATCC	ATCC 700294
Biological samples		
Healthy adult BA9 brain tissue	University of Maryland Brain & Tissue Bank; http://medschool.umaryland.edu/btbank/	Cat#UMB1455
Human hippocampal brain blocks	New York Brain Bank	http://nybb.hs.columbia.edu/
Patient-derived xenografts (PDX)	Children's Oncology Group Cell Culture and Xenograft Repository	http://cogcell.org/
Chemicals, peptides, and recombinant proteins		
MK-2206 AKT inhibitor	Selleck Chemicals	S1078; CAS: 1032350-13-2
SB-505124	Sigma-Aldrich	S4696; CAS: 694433-59-5 (free base)
Picrotoxin	Sigma-Aldrich	P1675; CAS: 124-87-8
Human TGF- β	R&D	240-B; GenPept: P01137
Activated S6K1	Millipore	Cat#14-486
GST-BMAL1	Novus	Cat#H00000406-P01
Critical commercial assays		
EasyTag EXPRESS 35S Protein Labeling Kit	PerkinElmer	NEG772014MC
CaspaseGlo 3/7	Promega	G8090
TruSeq ChIP Sample Prep Kit	Illumina	IP-202-1012
Deposited data		

Raw and analyzed data	This paper	GEO: GSE63473
B-RAF RBD (apo) structure	This paper	PDB: 5J17
Human reference genome NCBI build 37, GRCh37	Genome Reference Consortium	http://www.ncbi.nlm.nih.gov/projects/genome/assembly/grc/human/
Nanog STILT inference	This paper; Mendeley Data	http://dx.doi.org/10.17632/wx6s4mj7s8.2
Affinity-based mass spectrometry performed with 57 genes	This paper; Mendeley Data	Table S8; http://dx.doi.org/10.17632/5hvpvpspw82.1
Experimental models: Cell lines		
Hamster: CHO cells	ATCC	CRL-11268
<i>D. melanogaster</i> : Cell line S2: S2-DRSC	Laboratory of Norbert Perrimon	FlyBase: FBtc0000181
Human: Passage 40 H9 ES cells	MSKCC stem cell core facility	N/A
Human: HUES 8 hESC line (NIH approval number NIHhESC-09-0021)	HSCI iPS Core	hES Cell Line: HUES-8
Experimental models: Organisms/strains		
<i>C. elegans</i> : Strain BC4011: srl-1(s2500) II; dpy-18(e364) III; unc-46(e177)rol-3(s1040) V.	Caenorhabditis Genetics Center	WB Strain: BC4011; WormBase: WBVar00241916
<i>D. melanogaster</i> : RNAi of Sxl: y[1] sc[*] v[1]; P{TRiP.HMS00609}attP2	Bloomington Drosophila Stock Center	BDSC:34393; FlyBase: FBtp0064874
<i>S. cerevisiae</i> : Strain background: W303	ATCC	ATTC: 208353
Mouse: R6/2: B6CBA-Tg(HDexon1)62Gpb/3J	The Jackson Laboratory	JAX: 006494
Mouse: OXTRfl/fl: B6.129(SJL)-Oxtr ^{tm1.1Wsy} /J	The Jackson Laboratory	RRID: IMSR_JAX:008471
Zebrafish: Tg(Shha:GFP)t10: t10Tg	Neumann and Nüsslein-Volhard ³	ZFIN: ZDB-GENO-060207-1
<i>Arabidopsis</i> : 35S::PIF4-YFP, BZR1-CFP	Wang et al. ⁴	N/A
<i>Arabidopsis</i> : JYB1021.2: pS24(AT5G58010)::cS24:GFP(-G):NOS #1	NASC	NASC ID: N70450
Oligonucleotides		
siRNA targeting sequence: PIP5K I alpha #1: ACACAGUACUCAGUUGAUA	This paper	N/A
Primers for XX, see Table SX	This paper	N/A
Primer: GFP/YFP/CFP Forward: GCACGACTTCTTCAAGTCCGCCATGCC	This paper	N/A
Morpholino: MO-pax2a GGTCTGCTTTGCAGTGAATATCCAT	Gene Tools	ZFIN: ZDB-MRPHLNO-061106-5
ACTB (hs01060665_g1)	Life Technologies	Cat#4331182
RNA sequence: hnRNPA1_ligand: UAGGGACUUAGGGUUCUCUCUAGGGACUUAG GGUUCUCUCUAGGGA	This paper	N/A
Recombinant DNA		

pLVX-Tight-Puro (TetOn)	Clontech	Cat#632162
Plasmid: GFP-Nito	This paper	N/A
cDNA GH111110	Drosophila Genomics Resource Center	DGRC:5666; FlyBase:FBcl0130415
AAV2/1-hsyn-GCaMP6- WPRE	Chen et al. ⁵	N/A
Mouse raptor: pLKO mouse shRNA 1 raptor	Thoreen et al. ⁶	Addgene Plasmid #21339
Software and algorithms		
ImageJ	Schneider et al. ⁷	https://imagej.nih.gov/ij/
Bowtie2	Langmead and Salzberg ⁸	http://bowtie-bio.sourceforge.net/bowtie2/index.shtml
Samtools	Li et al. ⁹	http://samtools.sourceforge.net/
Weighted Maximal Information Component Analysis v0.9	Rau et al. ¹⁰	https://github.com/ChristophRau/wMICA
ICS algorithm	This paper; Mendeley Data	http://dx.doi.org/10.17632/5hvpvspw82.1
Other		
Sequence data, analyses, and resources related to the ultra-deep sequencing of the AML31 tumor, relapse, and matched normal	This paper	http://aml31.genome.wustl.edu
Resource website for the AML31 publication	This paper	https://github.com/chrismiller/aml31SuppSite

PHYSICAL SCIENCES

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Chemicals, peptides, and recombinant proteins		
QD605 streptavidin conjugated quantum dot	Thermo Fisher Scientific	Cat#Q10101MP
Platinum black	Sigma-Aldrich	Cat#205915
Sodium formate BioUltra, ≥99.0% (NT)	Sigma-Aldrich	Cat#71359
Chloramphenicol	Sigma-Aldrich	Cat#C0378
Carbon dioxide (¹³ C, 99%) (<2% ¹⁸ O)	Cambridge Isotope Laboratories	CLM-185-5
Poly(vinylidene fluoride-co-hexafluoropropylene)	Sigma-Aldrich	427179
PTFE Hydrophilic Membrane Filters, 0.22 μm, 90 mm	Scientificfilters.com/Tisch Scientific	SF13842
Critical commercial assays		
Folic Acid (FA) ELISA kit	Alpha Diagnostic International	Cat# 0365-0B9
TMT10plex Isobaric Label Reagent Set	Thermo Fisher	A37725
Surface Plasmon Resonance CM5 kit	GE Healthcare	Cat#29104988
NanoBRET Target Engagement K-5 kit	Promega	Cat#N2500
Deposited data		
B-RAF RBD (apo) structure	This paper	PDB: 5J17
Structure of compound 5	This paper; Cambridge Crystallographic Data Center	CCDC: 2016466
Code for constraints-based modeling and analysis of autotrophic <i>E. coli</i>	This paper	https://gitlab.com/elad.noor/sloppy/tree/master/rubisco
Software and algorithms		
Gaussian09	Frish et al. ¹	https://gaussian.com
Python version 2.7	Python Software Foundation	https://www.python.org
ChemDraw Professional 18.0	PerkinElmer	https://www.perkinelmer.com/category/chemdraw
Weighted Maximal Information Component Analysis v0.9	Rau et al. ²	https://github.com/ChristophRau/wMICA
Other		
DASGIP MX4/4 Gas Mixing Module for 4 Vessels with a Mass Flow Controller	Eppendorf	Cat#76DGMX44
Agilent 1200 series HPLC	Agilent Technologies	https://www.agilent.com/en/products/liquid-chromatography
PHI Quantera II XPS	ULVAC-PHI, Inc.	https://www.ulvac-phi.com/en/products/xps/phi-quantera-ii/